

**YAH-TAMAH**

**YAH-AMAZED**

דלת - תמ

**YAH-MAZED**

**THE MAZE  
COERCION  
PART 6  
TERROR**

**FINDING THE ARK OF PROTECTION WHILE WALKING IN YAH'S MAZE**

HOME PAGE

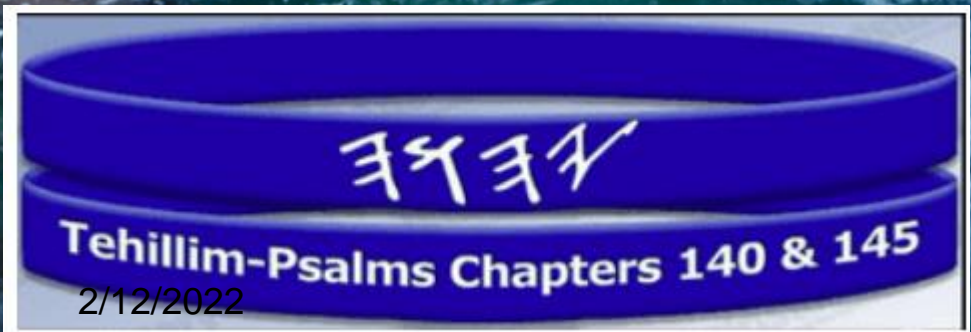
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APPOINTED TIMES (FEASTS)

THE COVENANT

GENESIS

MORE...



- MORE...
- MAJORING ON THE MAJORS
- THE TRIAL OF SAUL/PAUL
- NAME YHUH TO CLAIM YAHUAH
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- AMPLIFIED PSALMS
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- COMING OUT OF BABYLON
- POLITICAL PAGANISM



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## Yahuah's Chokmah PRO

Joined 4 years ago | United States

Chokmah is Hebrew for wisdom and all praise to Yahuah for leading us in our quest for that.

 Yahuah's Oasis

**vimeo**

In order to get the full presentation with gifs and added videos and commentary please check out this study on our Vimeo channel and follow along with the PDF. You can download the videos and share also on social media as you wish. There is a video for every PDF found on our website, the latest will be on top.

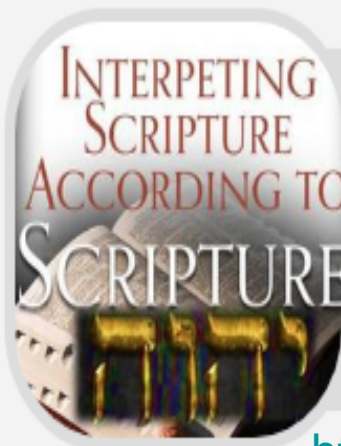
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2/12/2022  
2/08/2019



Studies with Scripture explaining the Covenant with Yahuah - what He expects as well as what He offers us as His children. There are chronological studies showing when they first showed up in Scripture and with amplification of Scripture one will find a whole new look for the Father of the Universe.



# YAHUAH'S CHOKMAH

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Tina Helmuth

since: February 20th 2021

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Imagine if you will a "stupid tax" -- imagine also how that would pay off ALL debt, just collecting from the liberals and snowflakes. Time to get back to critical thinking!!!!

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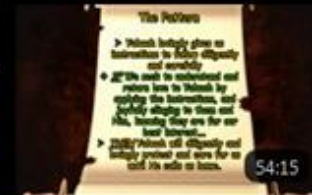
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17h · 🗨️

...





*It just takes the flip of a coin to decide between good and evil!*



<https://yahstruck.com/>

We'd like to welcome you to our site YAH STRUCK, where we are introducing the YAH STRUCK series of books. Though they are fictional, they are based on Child Trafficking as well as real events that have happened, though they are disguised. The books have a supernatural aspect to them with the help and strong presence of our Heavenly Father and Creator YAH and a group of Covenant family members destined to take on the sheer evil itself - in all its forms. You will also find blogs and merchandise to help support us as we promote the Name and Authority of Yahuah in this world.

In the fashion of all Hebrew words YAH-STRUCK has two sides. Yahuah can strike us in Righteous Vengeance, or to wake us up and get us to turn back around to Him or the best, for us to be YAH-STRUCK in amazement of Loyal Love, kindness and sheer brilliance.



# FBI



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In 2017 we created a series called "Another Brick in the Wall".

The PDF's were/are located on our website but we only presented the webinar studies live to a small group of Covenant Family Members since the topics, even then, sounded conspiratorial and quite outlandish. In 2021 we now have a good deal of proof that we needed on some accounts and the motivation has become crystal clear as to why this evil is happening.

ANOTHER  
BRICK IN  
THE WALL

CAL-  
EXIT

NUCLEAR

ALEPPO  
CODEX

AGENDA  
21

CHEMTRAILS

SILVER

JIHAD

GOING  
UNDERGROUND

CLONING

VACCINES

SHADOW  
GOVERNMENT

ANTARCTICA

PT 1

BLACK GOO

SHADOW  
GOVERNMENT  
PT 2

HUMAN  
TRAFFICKING

1/29/2017

1

We also did not publish this on our main video channels for safety reasons and to make sure our channels were not taken down. Now the studies can be presented with the added information and we hope you will prayerfully consider the YAH-Mazing situation we find ourselves in today.

As always, anything written in comic sans font, we inserted in articles as corrections or are our narration.



# ALICE IN WONDERLAND TECHNIQUE: THE POWER OF APPLIED CONFUSION

# DOWN THE RABBIT HOLE

July 1963



Sept 1957

Albert D. Biderman

The  
Manipulation  
of  
Human  
Behavior

# TECHNIQUE

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So far we have learned that to successfully use coercion, lo-shema and our captors, (and make no mistake this world has been captured) need to:

- ❖ Know as much about us as possible- to tailor the technique they will use.
  - ❖ Create a debility.
- ❖ Create a dependency upon captors, including basic needs, emotional support, direction.
  - ❖ Create dread.
  - ❖ Create anxiety and fear.
  - ❖ Create guilt feelings- easiest way to get compliance
- ❖ The captor becomes the sole provider of satisfaction and punishment becoming a parental figure.
  - ❖ Create internal struggles for the captive.
    - ❖ Create insomnia
    - ❖ Isolate the captive
    - ❖ Create confusion
  - ❖ Create a mindset of resignation-unable to meet new, challenging and complex situations.

Let us shuck some more corn and heed some warnings. If we were not surrounded by Yahuah's light- it would be a very terrifying place.



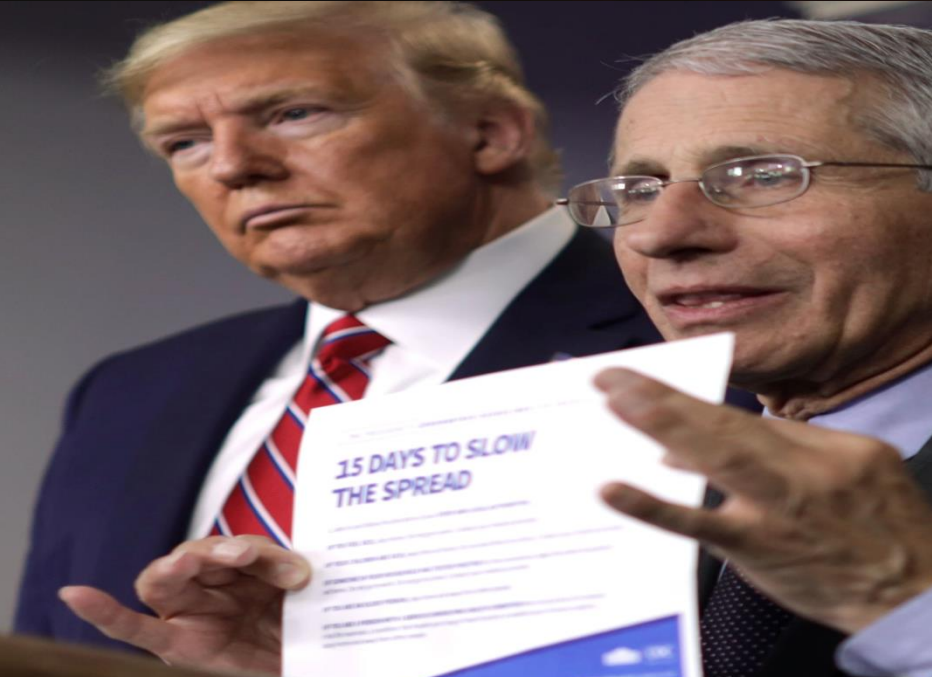


As we exit this part of the cornfield of lo-shema's technique that has been used on the people for decades, let's keep this on the sticky side of our minds as we go down other rows in the future. We have provided at the end of this an overview so if you save this PDF you will have everything in one place.

## F. Threats and Fear

The threat of coercion usually weakens or destroys resistance more effectively than coercion itself. The threat to inflict pain, for example, can trigger fears more damaging than the immediate sensation of pain. In fact, most people underestimate their capacity to withstand pain. The same principle holds for other fears: sustained long enough, a strong fear of anything vague or unknown induces regression, whereas the materialization of the fear, the infliction of some form of punishment, is likely to come as a relief. The subject finds that he can hold out, and his resistances are strengthened. "In general, direct physical brutality creates only resentment, hostility, and further defiance." (18)

The effectiveness of a threat depends not only on what sort of person the interrogatee is and whether he believes that his questioner can and will carry the threat out but also on the interrogator's reasons for threatening. If the interrogator threatens because he is angry, the subject frequently senses the fear of failure underlying the anger and is strengthened in his own resolve to resist. Threats delivered coldly are more effective than those shouted in rage. It is especially important that a threat not be uttered in response to the interrogatee's own expressions of hostility. These, if ignored, can induce feelings of guilt, whereas retorts in kind relieve the subject's feelings.



## 30 DAYS TO SLOW THE SPREAD

Listen to and follow the directions of your **STATE AND LOCAL AUTHORITIES**.

**IF YOU FEEL SICK**, stay home. Do not go to work. Contact your medical provider.

**IF YOUR CHILDREN ARE SICK**, keep them at home. Do not send them to school. Contact your medical provider.

**IF SOMEONE IN YOUR HOUSEHOLD HAS TESTED POSITIVE** for the coronavirus, keep the entire household at home. Do not go to work. Do not go to school. Contact your medical provider.

**IF YOU ARE AN OLDER PERSON**, stay home and away from other people.

**IF YOU ARE A PERSON WITH A SERIOUS UNDERLYING HEALTH CONDITION** that can put you at increased risk (for example, a condition that impairs your lung or heart function or weakens your immune system), stay home and away from other people.

Another reason why threats induce compliance not evoked by the inflection of duress is that the threat grants the interrogatee time for compliance. It is not enough that a resistant source should be placed under the tension of fear; he must also discern an acceptable escape route. Biderman observes, "Not only can the shame or guilt of defeat in the encounter with the interrogator be involved, but also the more fundamental injunction to protect one's self-autonomy or 'will'.... A simple defense against threats to the self from the anticipation of being forced to comply is, of course, to comply 'deliberately' or 'voluntarily'.... To the extent that the foregoing interpretation holds, the more intensely motivated the [interrogatee] is to resist, the more intense is the pressure toward early compliance from such anxieties, for the greater is the threat to self-esteem which is involved in contemplating the possibility of being 'forced to' comply...." (6) In brief, the threat is like all other coercive techniques in being most effective when so used as to foster regression and when joined with a suggested way out of the dilemma, a rationalization acceptable to the interrogatee.



For more information, please visit  
[CORONAVIRUS.GOV](https://www.cdc.gov/coronavirus)

If you don't do this you **MIGHT** get sick. But the acceptable escape route—"listen and follow the directions of state and local authorities". Notice it did not say **FEDERAL!**

# STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Stay at least 6 feet (about 2 arms' length)  
from other people.



[cdc.gov/coronavirus](https://cdc.gov/coronavirus)

CS319178 May 12, 2020 4:01 PM

Where did this "Science" come from regarding Social distancing? Why now? Why not for every flu season since say 2007?



# Social distancing born in ABQ teen's science project

By Ollie Reed Jr. / Journal Staff Writer  
Published: Saturday, May 2nd, 2020 at 10:17PM  
Updated: Sunday, May 3rd, 2020 at 12:05AM

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Fourteen years ago this month, during the Intel International Science and Engineering Fair in Indianapolis, Laura Glass, a 15-year-old Albuquerque High sophomore, laid out her plan for slowing the spread of pandemics.

It was very much to the point. Close the schools and keep the kids at home.

“It spreads like crazy once it gets in the teens in the schools,” Glass told Albuquerque Journal science reporter John Fleck, who was covering the event.

Glass was one of 1,500 students, 24 of them from New Mexico, attending the science and engineering fair in May 2006.



Laura Glass' award-winning science fair project was the subject of a story by then-Journal reporter John Fleck in 2006. The Albuquerque High sophomore's research later became the basis for social distancing.

She won 3<sup>rd</sup> place.

But amazingly, and much more significantly, her work motivated research that resulted in the social distancing and self-isolation policies now being used to curtail the spread of COVID-19.

“The inspiration, the sparks came from my daughter,” said Robert J. Glass, a retired Sandia National Laboratories senior scientist. Glass was among those who built on Laura Glass's project to develop the vital strategies that are employed today.

‘What about diseases?’

Robert Glass (her dad), 63, retired from Sandia in 2013. But 15 years ago, **he was working with the National Infrastructure Simulation and Analysis Center (NISAC) at Sandia.** Her project was a multiyear kind of effort, and it dovetailed with work I was doing – complex systems modeling. **You could define a person and put them in a grid, move them around and find who they would come into contact with.**

Washington calling

Person-to-person contact is the most common way infectious diseases are spread. Laura, with some guidance from her dad, devised a computer simulation that showed how people – family members, co-workers, students in schools, people in social situations – interact.

“On Halloween 2005, NISAC received a call,” Robert Glass said. “Could we prepare a brief for Secretary (Michael) Chertoff of the U.S. Department of Homeland Security?”

Something important

The George W. Bush administration, concerned about bioterrorism in the wake of 9/11 and also worried about the next contagious disease outbreak, was looking for a plan to respond to pandemics. The NISAC brief was needed for a Cabinet-level tabletop exercise at the White House.

The question posed, Robert Glass said, was what could be done to avoid disaster if there was no vaccine and limited antiviral supplies.

“I thought, ‘That’s exactly what Laura is working on,’ ” he said. “Her model was right there on the computer. I realized that was something important. I discussed it with her. She said, ‘Why don’t you close the schools?’ **I was taking advice from my (high school) daughter.**”

Glass ran Laura’s study through Sandia’s computers and worked the results into reports he sent to Washington. “It looked like a solution if we could get people to prepare for it,” he said.

The refined research suggested that in the case of more intense infections, closures might have to extend beyond schools to workplaces and social situations. Concerns about the economic and social upheavals caused by insisting people stay at home led to tough opposition. But after rigorous review and development by more than one agency, the Centers for Disease Control and Prevention made social distancing – called Non-Pharmaceutical Interventions, or NPIs – official U.S. policy in February 2007.

“I was so happy,” Glass said. “I thought we had done an incredible job. **We were trying to avoid policy that was based on who you knew.** We wanted a policy that was based on logic and science.” **Now, implemented extensively for the first time, that policy is this country’s main weapon in the battle against the coronavirus scourge.**

Glass is well aware that social distancing and self-isolation is tough on people, that it is grinding down people’s spirits as it continues. “Anything new is difficult,” he said. “You have to train people to do this well, without freaking out and calling each other names. But (coronavirus) is preparing us to deal more effectively with future pandemics. “And there will be more.”

- The CDC suggests you stay at least 6 feet away from anyone who appears sick to minimize the risk of getting the new coronavirus.

How did it go from staying away from SICK people to looking at everyone as a vessel of disease? If you are not presenting symptoms you are not "asymptomatic" meaning you are not showing symptoms, you are WELL, a concept everyone in a state of panic about getting the flu has forgotten. This flu pandemic had a survival rate of over 99% by the CDC's own figures! We gradually went from 2 weeks to stop the spread to full lockdown, mandatory masking and jabs for two years running. **Fear, guilt and terror of the unknown! Forgetting all logic of previous generations.**

It has been plausibly suggested that, whereas pain inflicted on a person from outside himself may actually focus or intensify his will to resist, his resistance is likelier to be sapped by pain which he seems to inflict upon himself.

"In the simple torture situation the contest is one between the individual and his tormentor (. . . . and he can frequently endure). When the individual is told to stand at attention for long periods, an intervening factor is introduced. The immediate source of pain is not the interrogator but the victim himself. The motivational strength of the individual is likely to exhaust itself in this internal encounter. . . . As long as the subject remains standing, he is attributing to his captor the power to do something worse to him, but there is actually no showdown of the ability of the interrogator to do so." (4)

Evidence suggests that resistance is sapped principally by psychological rather than physical pressures. The threat of debility - for example, a brief deprivation of food - may induce much more anxiety than prolonged hunger, which will result after a while in apathy and, perhaps, eventual delusions or hallucinations. In brief, it appears probable that the techniques of inducing debility become counter-productive at an early stage. The discomfort, tension, and restless search for an avenue of escape are

# POTENTIAL TERROR THREATS



**OPPOSITION TO COVID MEASURES**



**CLAIMS OF ELECTION FRAUD,  
BELIEF TRUMP CAN BE REINSTATED**



**9/11 ANNIVERSARY AND  
RELIGIOUS HOLIDAYS**

**BREAKING NEWS**

**NATIONAL TERRORISM ALERT AHEAD OF 9/11 20TH ANNIVERSARY**

## L. Conclusion

A brief summary of the foregoing may help to pull the **major concepts of coercive interrogation together:**

1. The principal coercive techniques are **arrest, detention, the deprivation of sensory stimuli, threats and fear, debility, pain, heightened suggestibility and hypnosis, and drugs.**

2. If a coercive technique is to be used, or if two or more are to be employed jointly, they should be chosen for their effect upon the individual and carefully selected to match his personality.



**DR. ANTHONY FAUCI LIVE**

NEW STRAINS, REINFECTION CONCERNS, VACCINATION ROLLOUT AND DOUBLE MASKING



3. The usual effect of coercion is regression. The interrogatee's mature defenses crumbles as he becomes more childlike. During the process of regression the subject may experience feelings of guilt, and it is usually useful to intensify these.

Like & Share



Yeah. Okay, everyone is. Look. Everybody here, you know that

Subscribe



4. When regression has proceeded far enough so that the subject's desire to yield begins to overbalance his resistance, the interrogator should supply a face-saving rationalization. Like the coercive technique, the rationalization must be carefully chosen to fit the subject's personality.

5. The pressures of duress should be slackened or lifted after compliance has been obtained, so that the interrogatee's voluntary cooperation will not be impeded.



Taya Bullard, 14  
Daughter of Dr. Jared Bullard

## I CHOSE THE VACCINE

For myself. For my community. For a return to normal.

"For my friends and for my family- especially my grandmother"

Book your vaccine today

[ProtectMB.ca](https://ProtectMB.ca)

No mention has been made of what is frequently the last step in an interrogation conducted by a Communist service: the attempted conversion. In the Western view the goal of the questioning is information; once a sufficient degree of cooperation has been obtained to permit the interrogator access to the information he seeks, he is not ordinarily concerned with the attitudes of the source. Under some circumstances, however, this pragmatic indifference can be short-sighted. If the interrogatee remains semi-hostile or remorseful after a successful interrogation has ended, less time may be required to complete his conversion (and conceivably to create an enduring asset) than might be needed to deal with his antagonism if he is merely squeezed and forgotten.



KrisAnne Hall, JD

The Full official Biderman Report (pub. Sept 1957) is available from the National Institute of Health (the same entity that is working with the CDC to develop lockdown policies & deprivation of fundamental rights of Americans).

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1806204/pdf/bullnyacadmed00378-0046.pdf>

Dr. Biderman, along with Amnesty International, describes the psychological methods used by communists to coerce compliance as torture. Biderman points out the significant difference between the communist method of use of psychological force through threat and propaganda and the Nazi methods of physical violence to elicit compliance being this-

"Unlike the cynical Nazis who merely perpetrated the Big Lie, the Chinese Communist personnel our prisoners encountered in Korea were required to live the Big Lie."

Therefore the main difference is this- physical torture brings a false compliance motivated by a need to stop the pain. However, the psychological torture mastered by the Communists brings about a true compliance when the subject actually becomes convinced the "Big Lie" is true.

Quote-

"The one remaining question is why the Communists proceeded in this strange way... All this assumes that purpose as rational as propaganda is always the major reason for extorting "confessions," and this appears quite definitely not the case.

The mystery associated with the things I have discussed stems not from their rationality but from their irrationality. Unlike the cynical Nazis who merely perpetrated the Big Lie, the Chinese Communist personnel our prisoners encountered in Korea were required to live the Big Lie."

Take the time to #KnowTruth & defend #LibertyFirst

KrisAnneHall.com

We are all living in the



And they want us to comply!

As we read this, substitute drug for virus and you will see how this is a double whammy. A fake pandemic to make us comply with a drug that will kill us eternally and mortally. At first there was many placebos given, that is why booster after booster is needed. Not to fight the initial flu but to now combat the effects of the jabs that have wrecked the immune system. All new "variants" are jab related, as are the uptick in cancers, etc. You never know when you will get the "hot shot".

### J. Narcosis

Just as the threat of pain may more effectively induce compliance than its infliction, so an interrogatee's mistaken belief that he has been drugged may make him a more useful interrogation subject than he would be under narcosis. Louis A. Gottschalk cites a group of studies as indicating "that 30 to 50 per cent of individuals are placebo reactors, that is, respond with symptomatic relief to taking an inert substance." (7) In the interrogation situation, moreover, the effectiveness of a placebo may be enhanced because of its ability to placate the conscience. The subject's primary source of resistance to confession or divulgence may be pride, patriotism, personal loyalty to superiors, or fear of retribution if he is returned to their hands. Under such circumstances his natural desire to escape from stress by complying with the interrogator's wishes may become decisive if he is provided an acceptable rationalization for compliance. "I was drugged" is one of the best excuses.

Nevertheless, drugs can be effective in overcoming resistance not dissolved by other techniques. As has already been noted, the so-called silent drug (a pharmacologically potent substance given to a person unaware of its administration) can make possible the induction of hypnotic trance in a previously unwilling subject. Gottschalk says, "The judicious choice of a drug with minimal side effects, its matching to the subject's personality, careful gauging of dosage, and a sense of timing...[make] silent administration a hard-to-equal ally for the hypnotist intent on producing self-fulfilling and inescapable suggestions...the drug effects should prove...compelling to the subject since the perceived sensations originate entirely within himself." (7)



Its no Myth: Masks Don't Control Viruses:  
They Control YOU.

## Biderman's Chart of Coercion

- Enforcing Trivial  
Demands



**"COMMUNIST COERCIVE METHODS FOR ELICITING INDIVIDUAL COMPLIANCE".\***  
**The Biderman Report of 1956 and COVID-19**

<b>Chart of Coercion</b>	<b>COVID-19</b>
<p><b>Threats</b></p> <ul style="list-style-type: none"> <li>• Cultivates anxiety and despair</li> <li>• Gives demands and consequences for non compliance</li> </ul>	<p><b>Threats and Intimidation</b></p> <ul style="list-style-type: none"> <li>• Threaten to close business, levy fines</li> <li>• Predict extension of quarantine, force vaccines</li> <li>• Create containment camps</li> </ul>
<p><b>Occasional Indulgences</b></p> <ul style="list-style-type: none"> <li>• Provides motivation for compliance</li> <li>• Hinders adjustment to deprivation.</li> <li>• Creates hope for change, reduces resistance</li> <li>• This keeps people unsure of what is happening.</li> </ul>	<p><b>Occasional Indulgences</b></p> <ul style="list-style-type: none"> <li>• Allow reopening of some stores, services</li> <li>• Let restaurants open but only at a certain capacity</li> <li>• Increase more people allowed to gather</li> <li>• Follow concessions with tougher rules</li> </ul>
<p><b>Demonstrate Omnipotence</b></p> <ul style="list-style-type: none"> <li>• Demonstrates futility of resistance</li> <li>• Shows who is in charge</li> <li>• Provides positive motivation for compliance</li> </ul>	<p><b>Demonstrate Ominpotence</b></p> <ul style="list-style-type: none"> <li>• Shut down entire economies across the world</li> <li>• Create money out of nowhere, force dependency</li> <li>• Develop <i>total</i> surveillance with nanochips and 5G</li> </ul>
<p><b>Degradation</b></p> <ul style="list-style-type: none"> <li>• Makes resistance seem worse than compliance</li> <li>• Creates feelings of helplessness.</li> <li>• Creates fear of freedom, dependence upon captors</li> </ul>	<p><b>Humiliation or Degradation techniques</b></p> <ul style="list-style-type: none"> <li>• Shame people who refuse masks, don't distance</li> <li>• Make people stand on circles and between lines</li> <li>• Make people stand outside and wait in queues</li> <li>• Sanitation stations in every shop</li> </ul>
<p><b>Enforcing trivial demands</b></p> <ul style="list-style-type: none"> <li>• Develops habit of compliance</li> <li>• Demands made are illogical and contradictory</li> <li>• Rules on compliance may change</li> <li>• Reinforces who is in control</li> </ul>	<p><b>Enforcing trivial demands</b></p> <ul style="list-style-type: none"> <li>• Family members must stand apart</li> <li>• Masks in home and even when having sex</li> <li>• Random limits on people allowed to be together</li> <li>• Sanitizers to be used over and over in a day</li> </ul>

## Biderman's Chart of Coercive Control

Method	Effect	Prisoner of war example (Biderman, 1957)	Partner example from the author's work
Threats	Utterances that cultivate anxiety and despair	Threats to kill, threats to isolate and threats to interrogate indefinitely	Threats to kill the children, threats to withhold the children should she try and leave the relationship, threats to suicide
Occasional indulgences	Hinder adjustment to deprivation by providing rewards for compliance	Fluctuating interrogator attitudes, promises, rewards for partial compliance	Being kind and loving in front of family, thanking her for being his partner
Demonstrating omnipotence and omniscience	Show the futility of resisting	Demonstrate complete control over the victim's fate	Dictate sexual acts, perpetrate nonfatal strangulation
Enforcing trivial demands	Create complete compliance	Forced writing of false confessions, forcing pedantic rules	Demand she leave her belongings wherever he chose around the house



**BIDERMAN'S CHART OF COERCION**

Amnesty International, Report on Torture (New York: Farra, Strauss, and Giroux), 1973.

**DOMESTIC VIOLENCE**

General Method	Effects (Purposes)	Variants	Methods of power and control used in abusive relationships
<b>4. Threats</b>	Cultivates anxiety and despair	Threats of death. Threats of non-return. Threats of endless interrogation and isolation. Threats against family. Vague threats. Mysterious changes of treatment.	Threats to kill her or her family. Threats to take children away. Threats of suicide. Threats of abandonment. Destruction of property or pets.
<b>5. Occasional indulgences</b>	Provides positive motivation	Occasional favours.	Apologizes for the battering, sends flowers and gifts. Promises to change or it "will never happen again". Becomes "Disneyland" parent.
<b>6. Demonstrating "omnipotence"</b>	Suggests futility of resistance.	Fluctuations of interrogation attitudes.	Physical assaults. Manipulation of legal system. Using male privilege. Stalking.
<b>7. Degradation</b>	Makes cost of resistance appear more damaging to self-esteem than capitulation. Reduces prisoner to "animal level" concerns.	Demonstrating complete control over victim's fate. Confrontation. Pretending cooperation taken for granted.	Public humiliation. Forcing participation in demeaning or degrading sexual acts. Verbal abuse, "put downs" or name calling. Frequently tells victim that they are "stupid", "worthless" and unlovable.
<b>8. Enforcing trivial demands</b>	Develops habit of compliance	Personal hygiene prevented. Filthy, infested surroundings. Demeaning punishments. Insults and taunts. Denial of privacy.	Punishes for noncompliance with "the rules" which are rigid and unrealistic. These rules often govern the victim's appearance, housekeeping, parenting, timeliness, etc. Frequently changes "the rules". Plays "mind games".



# JAB INCENTIVES

A PRODUCT SO GOOD YOU NEED COERCION

Lottery tickets or cash: experts say  
Australians need incentives to get Covid  
vaccine

Health and advertising professionals are urging a carrot and stick  
approach to boost uptake - incentives plus a scare campaign

● [Australia's Covid vaccine rollout: how is your state doing?](#)



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4. Threats	Cultivates Anxiety and Despair	Threats of Death Threats of Non-repatriation Threats of Endless Isolation and Interrogation Vague Threats Threats Against Family Mysterious Changes of Treatment
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5. Occasional Indulgences	Provides Positive Motivation for Compliance Hinders Adjustment to Deprivation	Occasional Favors Fluctuations of Interrogators' Attitudes Promises Rewards for Partial Compliance Tantalizing
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6. Demonstrating "Omnipotence" and "Omniscience"	Suggests Futility of Resistance	Confrontations Pretending Cooperation Taken for Granted Demonstrating Complete Control over Victim's Fate
--	---------------------------------	---



7. Degradation	Makes Costs of Resistance Appear More Damaging to Self-Esteem than Capitulation Reduces Prisoner to "Animal Level" Concerns	Personal Hygiene Prevented Filthy, Infested Surroundings Demeaning Punishments Insults and Taunts Denial of Privacy
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8. Enforcing Trivial Demands	Develops Habit of Compliance	Forced Writing Enforcement of Minute Rules
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# The Stages of Resistance to Compliance

624

A. D. BIDERMAN

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## CHART II.—RESPONSES TO DEMANDS FOR FALSE CONFESSIONS; RESISTANCE AND COMPLIANCE

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Complete Resistance	Refuses to Cooperate in Interrogation
	Refuses to Engage in any Discussion with Interrogator
	Refuses to Affirm or Deny Accusations or Respond to Implicit Accusations
	Ridicules Accusations; Refuses to Discuss Them Seriously
	Responds with Indignation to Accusations
Defensive Resistance	Makes Simple Denial of Accusation
	Denies that Captor has Moral or Factual Basis for making Accusation
	Makes Statements and Depositions to Prove Innocence
	Makes Statement that Suspicion was Reasonable, "Investigation" Fair and Justified, but Protests Innocence

Defensive  
Compliance

Makes **Statement of Possibility** that "Crime" was Unwittingly Committed

Makes **Statement of "Objective Guilt"**; i.e., that Results were "Criminal" Irrespective of the Motives

Makes **Ambiguous Statement**, Containing no Explicit Admissions but which Constitutes a "Confession" by Implication

**Agrees to Comply, but Fails to Carry Through**; e.g., Writes "Confession", but Refuses to Sign it

**Makes Obviously Unacceptable, "Sabotaged" "Confession"**; i.e., makes Deposition with Obvious Inconsistencies, Contradictions or **Indications that it was Obtained Through Coercion**

**Accuses Associates, but Maintains Own Innocence**

Makes **Incomplete "Confession"**; i.e., Simple Admission of Acts Without Supporting Details Required to Make "Confession" Convincing and Without Expressions of "Repentance", Makes Statement Rationalized as "Harmless"

Makes **"Compromise" Deposition**; **Bargains with Interrogator for Acceptance of "Confession" of Lesser Crime**, or for Altering Details of Deposition to **Make it Less Offensive**

Alternately "Confesses" and Retracts

Completes **"Acceptable Confession"**, but **Refuses Further Cooperation**; e.g., Refuses to Implicate Others, to Make Recordings, Films or Elaborations of "Confession"

Active  
Compliance

“Confesses” to “Criminal Tendencies”; i.e., Makes Statement that his Attitude was as Criminal as if he had Actually Committed Alleged Crime

Makes “Subtly Sabotaged” “Confession”; i.e., Incorporates Veiled Communications to Outsiders, but Without Making “Confession” Unacceptable to Interrogator

Completely Cooperates in all Explicit Demands Associated with Theme of “Confession”; Pretends to Accept Guilt

Strives to Please Captor; to Anticipate Demands; Pretends Repentance

Complete  
Compliance

Accepts “Objective Truth” of “Guilt”; Shows Involuntary Symptoms of Remorse

Accepts “Guilt” as Literally True

Makes Behavioral Choices Indicative of Complete Identification with and Commitment to Captor

PRO TIP:

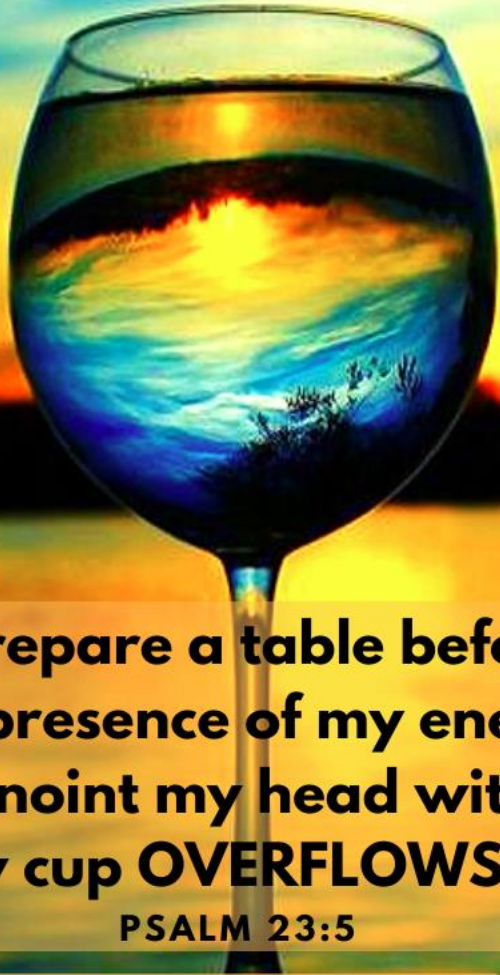
When the government  
is bribing you to do  
something.....

Don't do it.



DAILY MANNA

# REFRESHED



**"You prepare a table before me  
in the presence of my enemies;  
You anoint my head with oil;  
My cup OVERFLOWS."**

PSALM 23:5

YAHSMANNA.COM

After learning a bit of the techniques "they" are using, it is now time to refresh ourselves in the Yah-mazing word of Yahuah from Isaiah or Yahshayahu 47 3-15.

Isa 47:3 “Let your nakedness be uncovered and exposed, let your shame also be exposed and on display. I take vengeance, and will not have pity on anyone.” 4 Our Redeemer, Yahuah of hosts is His Name, the Set-apart One of Yahsharal-al. 5 “Sit silent, and go into a hiding place in darkness, O daughter of the Babylonian Chaldeans! For no more do they call you the Queen of kingdoms. 6 “I was angry with My people, I have defiled My special possession and I handed them over to you. You showed them no compassion, you placed a heavy burden on the elderly. 7 “And you said, ‘I am forever a permeate Queen,’ so that you did not take these matters to heart and think about these things, and did not remember the latter end of them-consider how it would turn out.

Isa 47:8 “And now, hear this, you who are given to pleasures and lives so lavishly, who dwells securely, who says to herself, ‘I am, and there is none but me. No one can compare. I do not live as a widow, I will never lose my children.’

Isa 47:9 “Both of these come to you suddenly, in one day: the loss of children, and widowhood. You will be overwhelmed by these tragedies, because of your many **witchcrafts**, for your numerous great potent spells.

Lexicon :: Strong's G5331 - *pharmakeia*

φαρμακεία

Strong's Definitions [?]

(Strong's Definitions Legend)

† φαρμακεία *pharmakeia*, far-mak-i'-ah; from G5332; medication ("pharmacy"), i.e. (by extension) magic (literally or figuratively);—sorcery, witchcraft.

Root Word (Etymology)

From *pharmakon* (a drug, i.e. spell-giving potion)

φαρμακεύς *pharmakeús*, far-mak-yoos'; from φάρμακον *phármakon* (a drug, i.e. spell-giving potion); a druggist ("pharmacist") or poisoner, i.e. (by extension) a magician:—sorcerer.

Isa 47:10 “And you have trusted and were complacent in your deeds. You thought, ‘No one sees me.’ Your self professed wisdom and your knowledge have led you astray. And you have said in your heart, ‘I am, and there is none but me.’ 11 “But disaster will overtake you, you will not know from where it arises or how to buy it off, and destruction fall upon you, you being unable to appease it, and calamity come upon you suddenly, before you recognize it.

Isa 47:12 “Stand now persisting with your **potent spells** and your many **witchcrafts**, in which you have labored from your youth, Maybe you are able to profit, and scare off disaster. 13 “You are exhausted by your many counsels and listening to so much advise; let the astrologers, the stargazers, and those who make monthly predictions stand up and rescue save you from the disaster that is coming upon you.

Isa 47:14 “Pay Attention, they will be as straw stubble and fire will burn them up, they cannot rescue themselves from the power of the flame. There is not a coal to be warmed by, nor a firelight to sit before and enjoy it! 15 “So they will be to you like merchants with whom you have labored from your youth. They will wander off, each one his own way, there is none to rescue you.

# REVOLUTION IS PURE TORAH

## revolution (n.)

late 14c., *revolucioun*, originally of celestial bodies, "one (apparent) rotation about the earth," also the time required for this, also "act or fact of moving in a circular course," from Old French *revolucion* "course, revolution" of celestial bodies (13c.) or directly from Late Latin *revolutionem* (nominative *revolutio*) "a revolving," noun of action from past-participle stem of Latin *revolvere* "turn, roll back" (see **revolve**).

From early 15c. as "a cyclical reoccurrence, a round or recurrent changes or events;" also "the revolving of a wheel." By 1660s as "action on the part of an object or person of turning round or moving round a point."

The sense of "an instance of great change in affairs" is recorded from mid-15c. The political meaning "overthrow of an established political or social system" is recorded by c. 1600, derived from French, and was especially applied in England to the expulsion of the Stuart dynasty under James II in 1688 and transfer of sovereignty to William and Mary under a purer constitutional government. **Green revolution** in global food production is attested from 1970.

## revolve (v.)

late 14c., *revolven*, "to change; change direction, bend around," from Old French *revolver* and directly from Latin *revolvere* "roll back, unroll, unwind; happen again, return; go over, repeat," from *re-* "back, again" (see *re-*) + *volvere* "to roll" (from PIE root *\*wel-* (3) "to turn, revolve").

From early 15c. as "to turn over (in the mind or heart), meditate." Also formerly "to pass through periodic changes," hence "to come around in process of time" (1590s).

The transitive sense of "cause (something) to move in an orbit around a central point" is from 1660s. Intransitive sense of "perform a circular motion" about or round a fixed point, as the planets about the sun, is by 1713; that of "rotate, turn or roll about upon an axis or center" is by 1738. Related: *Revolved*; *revolving*; *revolvement*; *revolvency*.

**We have already discovered in our Genesis studies that Yahuah's time is not linear but cyclical. It revolves season to season. But what is one of the most important things we can do in our relationship with Yahuah? He tells us to Teshuva H8666.**

The word teshuva — repentance. Teshuva denotes a person's journey to his natural sin-free state. He is "returning" to where he is supposed to be, regardless of whether he was once there before. Teshuva means returning to one's spiritual default position, his "home base." It is the quest for peace and tranquility, the return to one's roots. Moreover, the process of teshuva — where one harnesses the power of his regret for his past sins as fuel for personal growth — enables one to revisit the past and recast one's former sins as merits. When doing teshuva, one "goes back" to his previous deeds to make amends (in the same way that hashava/lehashiv attempt to fill holes previously created by questions or thievery).

2/12/2022

<https://ohr.edu/8550>

# THE GREAT RESIST.

THEY WILL OWN NOBODY  
AND THEY WILL BE UNHAPPY.

Next up may not be everyone's spot of tea, but the message of our youth is spot on and we celebrate that not all is lost. These are the lights in the darkness and we pray, they will find Yahuah.



Please listen with an open heart. Lyrics are provided for easier understanding. This is Jimmy Levy and Hi Rez - Welcome to the Revolution.



Yahuah has given us the opportunity to choose dark over light. He is also calling those who do not know His name to do the heavy lifting at this point to show the world that Yahuah is in control and will do great miracles. People are standing up and saying no to the witchcraft and idolization of medicine and "Science". More will be open to learning about the true nature of Yahuah and Yahusha's role as our kinsman redeemer. That is where the Children of Yahuah's Covenant can help. But Yahuah is the only one that judges our fate, thus only He can be our Savior. Things are looking up!







Next time will be a new row of corn to shuck and lies to expose. We are not done by a long shot. We hope you find this a blessing and please share if you feel it will bless someone else.

Let us be broadminded in identifying the Influencer and the army of deceivers and all the techniques. Do not give them access or permission to dwell anywhere near you or have any authority over your life. No matter the cost here on Earth. If it does not look right, it probably isn't. Be grateful you can spot it. Do not consent! No Fear! Do not comply! Shalom! It has been a blessing to share with you!

2/12/2022



**It's not hard- it is universal. It's not done away with, it is what brings everlasting life.  
One Yahuah, One Yahusha, One Torah  
One People.**





- ❖ Yahuah is allowing this to happen now for a reason
- ❖ Lo-shema a title we gave the enemy meaning “no name or authority” is the dragon and head of this resistance to Yahuah
- ❖ The timing was perfect due to the unrest of society that has been propagated by lo-shema to lead a coup against the world
- ❖ The Evil WHO’s in Whosville have Narcissistic and Psychopathic tendencies in common
- ❖ Yahuah WINS
- ❖ We never give our consent to anything or anyone except Yahuah, His word and His Torah guidance.
- ❖ The Evil ones will never stop until they are put down by Yahuah Himself.

Professor of clinical psychology at Ghent University Mattias Desmet. He holds a masters degree in statistic.

Four things need to be in place if you want a large-scale mass phenomenon to emerge. (1) socially isolated people, people who experience a lack of social bond. (2) a lot of people who experience a lack of sense-making in life. (3) a lot of free-floating anxiety, (4) a lot of free-floating psychological discontent—meaning anxiety and discontent that is not connected to specific representations.

It needs to be in the mind without people being able to connect it to something. If you have these four things... then society is highly at risk for the emergence of mass phenomena, and these four conditions existed shortly before the corona crisis."



## Definition of psychopath

**: a mentally unstable person especially : a person having an egocentric and antisocial personality marked by a lack of remorse for one's actions, an absence of empathy for others, and often criminal tendencies**

## Narcissism

1. A grandiose sense of self-importance. Feeling superior to others and that one deserves special treatment.
2. Preoccupation with fantasies of unlimited success, power, brilliance, beauty, or ideal love.
3. Belief that he or she is “special” and unique and can only be understood by or should associate with, other special or high-status people or institutions
4. Requires excessive admiration. Often monopolize conversations. Feels slighted, mistreated, depleted, and enraged when ignored.
5. Has a sense of entitlement
6. Is interpersonally exploitative – takes advantage of others. Relationships are based on surface attributes and not the unique qualities of others. People are only valued only to the extent they are viewed as beneficial.
7. Lacks empathy. Severely limited or totally lacking ability to care about the emotional needs or experiences of others, even loved ones.
8. Envy others or believes others are envious of him or her
9. Shows arrogant, haughty behaviors and attitudes
10. Sense of self is highly superficial, extremely rigid, and often fragile. Self-stability depends on maintaining the view that one is exceptional. Grandiose sense of self is easily threatened. retreat from or deny realities that challenge grandiosity .
11. Interactions are superficial
12. Intimacy is avoided
13. Difficulty with attachment and dependency
14. Relies on feedback from the environment
15. Relationships only exist to shore up positive self-image
16. Narcissistic personality disorder is also a significant risk factor for suicide and suicidal attempts.

# COMMON GASLIGHTING PHRASES

YOU'RE OVERREACTING

YOU'RE SO DRAMATIC

THIS IS YOUR PROBLEM TO DEAL WITH

WHY WOULD YOU THINK THAT?  
WHAT DOES THAT SAY ABOUT YOU?

CAN YOU HEAR YOURSELF?

IT DIDN'T HAPPEN THAT WAY

IT WAS A JOKE.  
HAVE A SENSE OF HUMOUR

YOUR EMOTIONS ARE YOUR RESPONSIBILITY

HAZEL MEAD

I NEVER SAID THAT

YOU'RE SO INSECURE

# THE SIGNS OF GASLIGHTING

Gaslighting is a form of manipulation and abuse concentrated on making someone doubt reality.

Blatant lying or constant coverups.

Actions contradict words. Broken promises.

Your self-esteem slowly erodes away & you begin to question what is real. You start to think you are bad or crazy.

Denying conversations or events ever happened.

Feeling like you have to defend reality.

Manipulating others to see you differently.

BlessingManifesting

2/12/2022



# TECHNIQUE

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We have learned that to successfully use coercion, lo-shema and our captors, (and make no mistake this world has been captured) need to:

- ❖ Know as much about us as possible- to tailor the technique they will use.
  - ❖ Create a debility.
- ❖ Create a dependency upon captors, including basic needs, emotional support, direction.
  - ❖ Create dread.
  - ❖ Create anxiety and fear.
  - ❖ Create guilt feelings- easiest way to get compliance
- ❖ The captor becomes the sole provider of satisfaction and punishment becoming a parental figure.
  - ❖ Create internal struggles for the captive.
    - ❖ Create insomnia
    - ❖ Isolate the captive
    - ❖ Create confusion
- ❖ Create a mindset of resignation-unable to meet new, challenging and complex situations.





# TECHNIQUE

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- ❖ Detain us and separate us from our families and our life style
  - ❖ Isolate us from all that is familiar
- ❖ Restrict our movements and become dependent on others for existence
  - ❖ Deprivation of senses
    - ❖ Causes attachment to inflictors and anxiety
    - ❖ Perceiving inanimate objects as being alive
      - ❖ Use terror
    - ❖ Make the people do demeaning things
      - ❖ Reducing us to childlike behavior
- ❖ Needs us to fully live and believe the lies that have been told

## VIII. THE NON-COERCIVE COUNTERINTELLIGENCE INTERROGATION

### A. General Remarks

The term non-coercive is used above to denote methods of interrogation that are not based upon the coercion of an unwilling subject through the employment of superior force originating outside himself. However, the non-coercive interrogation is not conducted without pressure. On the contrary, the goal is to generate maximum pressure, or at least as much as is needed to induce compliance. The difference is that the pressure is generated inside the interrogatee. His resistance is sapped, his urge to yield is fortified, until in the end he defeats himself.

Manipulating the subject psychologically until he becomes compliant, without applying external methods of forcing him to submit, sounds harder than it is. The initial advantage lies with the interrogator. From the outset, he knows a great deal more about the source than the source knows about him. And he can create and amplify an effect of omniscience in a number of ways. For example, he can show the interrogatee a thick file bearing his own name. Even if the file contains little or nothing but blank paper, the air of familiarity with which the interrogator refers to the subject's background can convince some sources that all is known and that resistance is futile.

If the interrogatee is under detention, the interrogator can also manipulate his environment. Merely by cutting off all other human contacts, "the interrogator monopolizes the social environment of the source." (3) He exercises the powers of an all-powerful parent, determining when the source will be sent to bed, when and what he will eat, whether he will be rewarded for good behavior or punished for being bad. The interrogator can and does make the

subject's world not only unlike the world to which he had been accustomed but also strange in itself - a world in which familiar patterns of time, space, and sensory perception are overthrown. He can shift the environment abruptly. For example, a source who refuses to talk at all can be placed in unpleasant solitary confinement for a time. Then a friendly soul treats him to an unexpected walk in the woods. Experiencing relief and exhilaration, the subject will usually find it impossible not to respond to innocuous comments on the weather and the flowers. These are expanded to include reminiscences, and soon a precedent of verbal exchange has been established. Both the Germans and the Chinese have used this trick effectively.

The interrogator also chooses the emotional key or keys in which the interrogation or any part of it will be played.

Because of these and other advantages, "...skilled and determined interrogators are almost invariably successful in eliciting some information from their sources.... For prisoner-of-war interrogation, the figures generally given as the proportion of sources who abandon the 'name, rank, number only' rule, or other injunctions of silence, are between 95 and 100 percent...."(3)

A principal goal during the opening phase is to confirm the personality assessment obtained through screening and to allow the interrogator to gain a deeper understanding of the source as an individual. Unless time is crucial, the interrogator should not become impatient if the interrogee wanders from the purposes of the interrogation and reverts to personal concerns. Significant facts not produced during screening may be revealed. The screening report itself is brought to life, the type becomes an individual, as the subject talks. And sometimes seemingly rambling monologues about personal matters are preludes to significant admissions. Some people cannot bring themselves to provide information that puts them in an unfavorable light until, through a lengthy prefatory rationalization, they feel that they have set the stage, that the interrogator will now understand why they acted as they did. If face-saving is necessary to the interrogee, it will be a waste of time to try to force him to cut the preliminaries short and get down to cases. In his view, he is dealing with the important topic, the why. He will be offended and may become wholly uncooperative if faced with insistent demands for the naked what.

## 2. The Reconnaissance

If the interrogatee is cooperative at the outset or if rapport is established during the opening phase and the source becomes cooperative, the reconnaissance stage is needless; the interrogator proceeds directly to detailed questioning. But if the interrogatee is withholding, a period of exploration is necessary. Assumptions have normally been made already as to what he is withholding: that he is a fabricator, or an RIS agent, or something else he deems it important to conceal. Or the assumption may be that he had knowledge of such activities carried out by someone else. At any rate, the purpose of the reconnaissance is to provide a quick testing of the assumption and, more importantly, to probe the causes, extent, and intensity of resistance.

During the opening phase the interrogator will have charted the probable areas of resistance by noting those topics which caused emotional or physical reactions, speech blocks, or other indicators. He now begins to probe these areas. Every experienced interrogator has noted that if an interrogatee

At the same time it is necessary to make every effort to keep the subject from learning through the interrogation process precisely where our informational gaps lie. This principle is especially important if the interrogatee is following his normal life, going home each evening and appearing only once or twice a week for questioning, or if his bona fides remains in doubt. Under almost all circumstances, however, a clear revelation of our interests and knowledge should be avoided. It is usually a poor practice to hand to even the most cooperative interrogatee an orderly list of questions and ask him to write the answers. (This stricture does not apply to the writing of autobiographies or on informational matters not a subject of controversy with the source.) Some time is normally spent on matters of little or no intelligence interest for purposes of concealment. The interrogator can abet the process by making occasional notes -- or pretending to do so -- on items that seem important to the interrogatee but are not of intelligence value. From this point of view an interrogation can be deemed successful if a source who is actually a hostile agent can report to the opposition only the general fields of our interest but cannot pinpoint specifics without including misleading information.

It is important to determine whether the subject's knowledge of any topic was acquired at first hand, learned indirectly, or represents merely an assumption. If the information was obtained indirectly, the identities of sub-sources and related information about the channel are needed. If statements rest on assumptions, the facts upon which the conclusions are based are necessary to evaluation.

C. Techniques of Non-Coercive Interrogation of Resistant Sources

If source resistance is encountered during screening or during the opening or reconnaissance phases of the interrogation, non-coercive methods of sapping opposition and strengthening the tendency to yield and to cooperate may be applied. Although these methods appear here in an approximate order of increasing pressure, it should not be inferred that each is to be tried until the key fits the lock. On the contrary, a large part of the skill and the success of the experienced interrogator lies in his ability to match method to source. The use of unsuccessful techniques will of itself increase the interrogatee's will and ability to resist.

The effectiveness of most of the non-coercive techniques depends upon their unsettling effect. The interrogation situation is in itself disturbing to most people encountering it for the first time. The aim is to enhance this effect, to disrupt radically the familiar emotional and psychological associations of the subject. When this aim is achieved, resistance is seriously impaired. There is an interval -- which may be extremely brief -- of suspended animation, a kind of psychological shock or paralysis. It is caused by a traumatic or sub-traumatic experience which explodes, as it were, the world that is familiar to the subject as well as his image of himself within that world. Experienced interrogators recognize this effect when it appears and know that at this moment the source is far more open to suggestion, far likelier to comply, than he was just before he experienced the shock.

Another effect frequently produced by non-coercive (as well as coercive) methods is the evocation within the interrogatee of feelings of guilt. Most persons have areas of guilt in their emotional topographies, and an interrogator can often chart these areas just by noting refusals to follow certain lines of questioning. Whether the sense of guilt has real or imaginary causes does not affect the result of intensification of guilt feelings. Making a person feel more and more guilty normally increases both his anxiety and his urge to cooperate as a means of escape.

## 2. Nobody Loves You

An interrogatee who is withholding items of no grave consequence to himself may sometimes be persuaded to talk by the simple tactic of pointing out that to date all of the information about his case has come from persons other than himself. The interrogator wants to be fair. He recognizes that some of the denouncers may have been biased or malicious. In any case, there is bound to be some slanting of the facts unless the interrogatee redresses the balance. The source owes it to himself to be sure that the interrogator hears both sides of the story.

## 3. The All-Seeing Eye (or Confession is Good for the Soul)

The interrogator who already knows part of the story explains to the source that the purpose of the questioning is not to gain information; the interrogator knows everything already. His real purpose is to test the sincerity (reliability, honor, etc.) of the source. The interrogator then asks a few questions to which he knows the answers. If the subject lies, he is informed firmly and dispassionately that he has lied. By skilled manipulation of the known, the questioner can convince a naive subject that all his secrets are out and that further resistance would be not only pointless but dangerous. If this technique does not work very quickly, it must be dropped before the interrogatee learns the true limits of the questioner's knowledge.

### 4. The Informer

Detention makes a number of tricks possible. One of these, planting an informant as the source's cellmate, is so well-known, especially in Communist countries, that its usefulness is impaired if not destroyed. Less well known is the trick of planting two informants in the cell. One of them, A, tries now and then to pry a little information from the source; B remains quiet. At the proper time, and during A's absence, B warns the source not to tell A anything because B suspects him of being an informant planted by the authorities.

Suspicion against a single cellmate may sometimes be broken down if he shows the source a hidden microphone that he has "found" and suggests that they talk only in whispers at the other end of the room.

### 5. News from Home

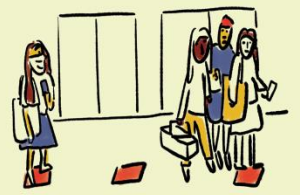
Allowing an interrogatee to receive carefully selected letters from home can contribute to effects desired by the interrogator. Allowing the source to write letters, especially if he can be led to believe that they will be smuggled out without the knowledge of the authorities, may produce information which is difficult to extract by direct questioning.

## HOW TO GET PEOPLE TO FOLLOW THE RULES!!!

• USE A LITTLE PEEK PRESSURE



• BE A ROLE MODEL



• PICK AND CHOOSE YOUR BATTLES



• GENTLY NUDGE BUT DON'T GET TOO TECHNICAL



## Regression

There are a number of non-coercive techniques for inducing regression. All depend upon the interrogator's control of the environment and, as always, a proper matching of method to source. Some interrogatees can be repressed by persistent manipulation of time, by retarding and advancing clocks and serving meals at odd times -- ten minutes or ten hours after the last food was given. Day and night are jumbled. Interrogation sessions are similarly unpatterned the subject may be brought back for more questioning just a few minutes after being dismissed for the night. Half-hearted efforts to cooperate can be ignored, and conversely he can be rewarded for non-cooperation. (For example, a successfully resisting source may become distraught if given some reward for the "valuable contribution" that he has made.) The Alice in Wonderland technique can reinforce the effect. Two or more interrogators, questioning as a team and in relays (and thoroughly jumbling the timing of both methods) can ask questions which make it impossible for the interrogatee to give sensible, significant answers. A subject who is cut off from the world he knows seeks to recreate it, in some measure, in the new and strange environment. He may try to keep track of time, to live in the familiar past, to cling to old concepts of loyalty, to establish -- with one or more interrogators -- interpersonal relations resembling those that he has had earlier with other people, and to build other bridges back to the known. Thwarting his attempts to do so is likely to drive him deeper and deeper into himself, until he is no longer able to control his responses in adult fashion.



The placebo technique is also used to induce regression. The interrogatee is given a placebo (a harmless sugar pill). Later he is told that he has imbibed a drug, a truth serum, which will make him want to talk and which will also prevent his lying. The subject's desire to find an excuse for the compliance that represents his sole avenue of escape from his distressing predicament may make him want to believe that he has been drugged and that no one could blame him for telling his story now. Gottschelk observes, "Individuals under increased stress are more likely to respond to placebos." (7)

In other words, a psychologically immature source, or one who has been regressed, could adopt an implication or suggestion that he has been drugged, hypnotized, or otherwise rendered incapable of resistance, even if he recognizes at some level that the suggestion is untrue, because of his strong desire to escape the stress of the situation by capitulating. These techniques provide the source with the rationalization that he needs.

Whether regression occurs spontaneously under detention or interrogation, and whether it is induced by a coercive or non-coercive technique, it should not be allowed to continue past the point necessary to obtain compliance. Severe techniques of regression are best employed in the presence of a psychiatrist, to insure full reversal later. As soon as he can, the interrogator presents the subject with the way out, the face-saving reason for escaping from his painful dilemma by yielding. Now the interrogator becomes fatherly. Whether the excuse is that others have already confessed ("all the other boys are doing it"), that the interrogatee has a chance to redeem himself ("you're really a good boy at heart"), or that he can't help himself ("they made you do it"), the effective rationalization, the one the source will jump at, is likely to be elementary. It is an adult's version of the excuses of childhood.