

## The Covenant Instructions in Chronological Order

Psalm 119:10

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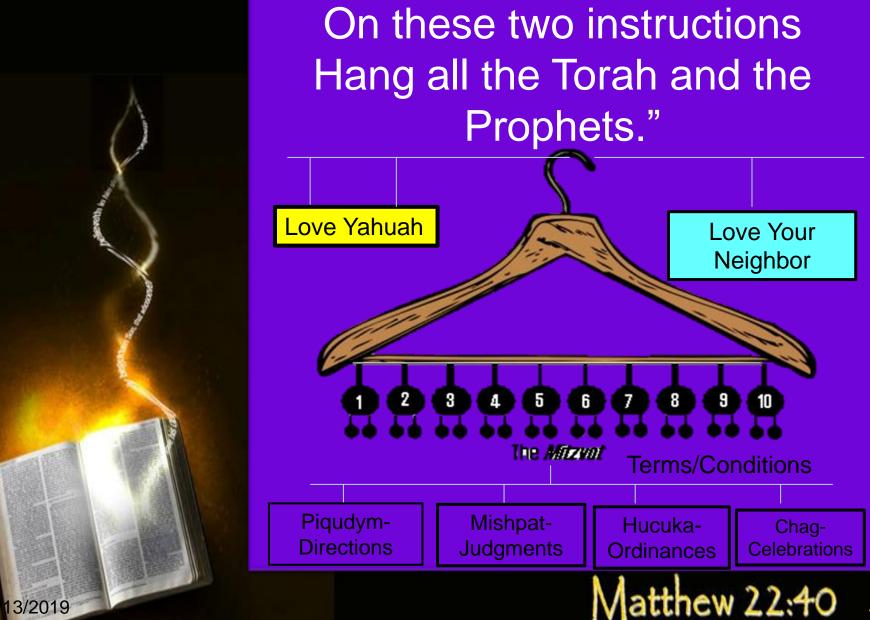
Chokmah is Hebrew for wisdom and all praise to Yahuah for leading us in our quest for that.



In order to get the full presentation with gifs and added videos and commentary please check out this study on our Vimeo channel and follow along with the PDF. You can down load the videos and share also on social media as you wish. There is a video for every PDF found on our website, the latest will be on top.

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## A WARNING TO TORAH COMMUNITY!! APRIL 21, 2019



#### **Ecclesiastes 1:9-11**

- <sup>9</sup> That which has been is what will be, That which *is* done is what will be done, And there is nothing new under the sun.
  - <sup>10</sup> Is there anything of which it may be said, "See, this *is* new"? It has already been in ancient times before us.
- 11 There is no remembrance of former things, Nor will there be any remembrance of things that are to come By those who will come after.

We are told in Ecclesiastes that events in this life are cyclical. This is also a good confirmation of what we found in our Genesis study. All that has happened before will happen again. We are told that people will not remember what came before...

And people will not understand what came before in order to apply it to what will come. Why could these thoughts be considered a warning to today's Torah community?

Let's take a look at it.

As many know, people all around the world, in all walks of life, are returning to Torah. Many are questioning what we've been taught for many generations, calling it into question, and wiping the slate clean.

Jeremiah foretold this...

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#### **Jeremiah 16:19-20**

<sup>19</sup> O Yahuah, my strength and my fortress, My refuge in the day of affliction, The Gentiles (nations) shall come to You from the ends of the earth and say, "Surely our fathers have inherited lies, worthlessness and unprofitable *things*."
<sup>20</sup> Will a man make gods for himself, Which *are* not gods?

#### Isaiah 2:3

Then many peoples will go and say:

"Come, let us go up to the mountain of Yahuah,
to the House of the Eternal of Jacob!
Then He will teach us His ways,
and we will walk in His paths."

#### Micah 4:1-2

But at the end of days the mountain of Yahuah's House will be established as chief of the mountains, and will be raised above the hills. Peoples will flow up to it. <sup>2</sup> Then many nations will go and say: "Come, let us go up to the mountain of Yahuah, to the House of the Eternal of Jacob! Then He will direct us in His ways, and we will walk in His paths."

For Torah will go forth from Zion and the word of Yahuah from Yahrushalom.



Does everybody understand the background events that make this prophecy necessary? I'll do a quick summary:

Yahuah stated numerous times that if His people, Israel, turned their backs on Him that He would scatter them among all the nations of the earth.

The entire chapter of **Leviticus 26** is one such warning (with a promise of return at the end):

Yahuah is not kidding around. If we declare we are His people - Yahshral and then willfully get off the path, we have been warned of the consequences. Not because Yah enjoys correcting us -sometimes harshly, it is because we are so stubborn, we make Him do this to get our attention. This correction is NEVER Yah's fault or unjust.

#### Faithfulness Ensures Blessings +

<sup>3</sup> "If you walk in My statutes, keep My instructions and carry them out, <sup>4</sup> then I will give you rains in their season, the land will yield its crops, and the trees of the field will yield their fruit. 5 Your threshing will last until grape gathering, the grape gathering will last until the sowing time, you will eat your bread to the full, and live securely in your land. 6 "I will bring shalom in the land, and you will lie down, with no one making you afraid. I will remove dangerous beasts from the land and no sword will pass through your land. <sup>7</sup> You will chase your enemies and they will fall before you by the sword. 8 Five of you will chase 100 and 100 of you will chase 10,000, and your enemies will fall by the sword before you. <sup>9</sup> "I will turn toward you, make you fruitful and multiply you, and I will confirm My covenant with you. 10 You will eat the old harvest and clear out the old because of the new. 11 I will set My Tabernacle among you, and My soul will not abhor. you. 12 I will walk among you and will be your Eternal, and you will be My people. 13 I am Yahuah your Eternal, who brought you forth out of the land of Egypt, so that you would not be their slaves, and I have broken the bars of your yoke and made you walk upright.

Can we also call upon this promise if we do what He asks?

#### **Faithlessness Ensures Misery**

<sup>14</sup> "But if you will not listen to Me, nor carry out all these instructions, <sup>15</sup> and if you reject My statutes and if your soul abhors My ordinances, so that you do not keep all My instructions, but instead break My covenant, <sup>16</sup> then I will do the following to you in return.

- ✓ I will appoint terror over you,
- ✓ wasting disease and fever that will dim the eyes and cause
  the soul to pine away.
- ✓ You will sow your seed in vain, because your enemies will eat it.

  —it.
  - √ 17 I will set My face against you and
  - ✓ you will be routed before your enemies.
  - ✓ Those who hate you will rule over you,
  - ✓ and you will flee when no one pursues you.

## **Faithlessness Ensures Misery**

- 18 "If you, in spite of these things, will not listen to Me, then I will chastise you seven times more for your sins.
  - √ 19 I will break your pride of power.
  - ✓ I will make your sky like iron and your earth like bronze.
- ✓ <sup>20</sup>Also your strength will be spent in vain, for your land will not yield its increase, nor will the trees of the land yield their fruit.

### Faithlessness Ensures Misery

<sup>21</sup> "if you keep walking contrary to Me and will not listen to Me, then I will multiply the plagues on you seven times like your sins.

- √ <sup>22</sup> I will send the wild animals among you, which will rob you of your children, destroy your livestock,
- ✓ and make you so few in number that your roads will become deserted.

- <sup>23</sup> "Now if in spite of these things you will not be chastened by Me, but walk contrary to Me instead,
  - 24 then I will also walk contrary to you.
  - Then I will strike you, I Myself, seven times for your sins.
    - 25 I will bring a sword upon you that will execute the vengeance of the covenant,
    - and you will be gathered together inside your cities.
      - I will send the pestilence among you and
      - you will be given into the hand of the enemy.
        - ❖ <sup>26</sup> When I break your staff of bread,
- ten women will bake your bread in one oven, and they will bring back your bread by weight, so that you will eat but not be satisfied.

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- <sup>27</sup> "Yet if in spite of this you will not listen to Me but walk contrary to Me,
- 28 then I will walk contrary to you in wrath. So I will chastise you seven times for your sins.
- ✓ <sup>29</sup> You will eat the flesh of your sons and you will eat the flesh of your daughters.
- √ 30 I will destroy your high places and cut down your altars of incense, cast your dead bodies upon the bodies of your idols,
  - ✓ and My soul will abhor you.
- √ 31 I will lay waste your cities and devastate your sanctuaries. I will not smell your soothing aromas.
- √ 32 I will make the land desolate and your enemies settling there will be astonished at it.
  - √ 33 I will scatter you among the nations and
  - ✓ I will draw out the sword after you. So your land will become a desolation and your cities will become a waste.
- ✓ <sup>34</sup>Then the land will enjoy its Shabbatot all the days of its desolation, while you are in the land of your enemies. Then the land will rest and enjoy its Shabbatot. <sup>35</sup> As long as it lies desolate it will have rest, that rest which it did not have from your Shabbatot, when you lived on it.

#### <sup>36</sup> "As for those who remain,

- ✓ I will bring weakness into their hearts in the lands of their enemies, so that the sound of a driven leaf will put them to flight, and they will flee as one flees from the sword and fall, even when no one is pursuing.
- √ <sup>37</sup> They will stumble over one another, as if before the sword, when no one pursues, and you will have no strength to stand before your enemies.
  - √ 38 You will perish among the nations and the land of your enemies will devour you.
    - ✓ <sup>39</sup> Those of you who are left in the land of your enemies will rot away because of their iniquity, and because of the iniquities of their fathers they will rot away with them.

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#### Yahuah Remembers His Own

<sup>40</sup> "But if they confess their iniquity and that of their fathers, in the treachery they committed against Me, and how they walked contrary to Me 41 —in return I walked contrary to them and brought them into the land of their enemies and if at that time their uncircumcised heart becomes humbled, so that they accept the punishment for their iniquity, 42 then I will remember My covenant with Jacob and also My covenant with Isaac and My covenant with Abraham, and I will remember the land. 43 But the land will be deserted by them and will enjoy its Shabbatot while it lies desolate without them, and they will accept the punishment of their iniquity, because they rejected My ordinances and their soul abhorred My statutes.

44 "Yet for all that, when they are in the land of their enemies, I will not reject them, nor will I hate them into utter destruction, and break My covenant with them, for I am Yahuah their Eternal. 45 But for their sake I will remember the covenant of their ancestors, whom I brought out of the land of Egypt in the sight of the nations, that I might be their Eternal. I am Yahuah." 46 These are the statutes, ordinances and laws, which Yahuah made between Himself and Bnei-Yisrael at Mount Sinai by Moses.



#### Jeremiah 3:6-10

<sup>6</sup> Then Yahuah said to me in the days of King Josiah: "Have you seen what backsliding Israel did? She went up on every high mountain and under every green tree, and there she committed adultery. <sup>7</sup> Yet I thought that after she had done all this she would return to Me. But she did not return. Even her unfaithful sister Judah saw it. <sup>8</sup> I noted that when backsliding Israel committed adultery I sent her away and gave her a certificate of divorce. Yet, unfaithful Judah, her sister, did not fear. Instead she also went and committed adultery. <sup>9</sup>It happened that through her frivolous prostitution, she polluted the land and committed adultery with stones and with wood. <sup>10</sup> Yet after all this her unfaithful sister Judah did not return to Me with her whole heart, but only insincerely," It is a declaration of Yahuah.

Both the House of Israel and the House of Judah suffered consequences for their disobedience, however, it is important to note that Israel was divorced from the covenant, while Judah was not divorced.

#### In **Ezekiel 4**, we are given the intended time of their punishment.

4 "Then you are to lie on your left side, and set on it the punishment of the house of Israel; according to the number of days that you lie on it, you will bear their iniquity. <sup>5</sup> I have appointed the years of their punishment to you as a number of days—390 days. So you will bear the iniquity of the house of Israel. <sup>6</sup> When you have completed these, you will lie on your right side and bear the iniquity of the house of Judah—40 days—a day for each year, I have appointed to you.

390 years of exile for Israel, and 40 years of exile for Judah.



#### What kind of exile?

Most people believe this exile is just a physical scattering.

But it is not.

It begins with a physical scattering, but also includes a separation not only from Yahuah, but also from the Torah!! Not only was the original disobedient generation exiled, but also their children.

#### Hosea 4:6

<sup>6</sup> My people are destroyed for lack of knowledge. Since you rejected knowledge, I will also reject you from being My kohen. Since you forgot the Torah of your Eternal, just so I will forget your children.

#### **Deuteronomy 28:32**

<sup>32</sup> "Your sons and daughters will be given to another people while your eyes look on, longing for them all day long—but your hand will be powerless."



This is a terrible consequence, but they were forewarned, numerous times. They were told how to obtain life and blessing:

#### **Deuteronomy 28:1-2**

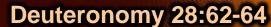
"Now if you listen obediently to the voice of **Yahuah** your Eternal, taking care to do all His instructions that I am commanding you today, **Yahuah** your Eternal will set you on high—above all the nations of the earth. <sup>2</sup> Then all these blessings will come upon you and overtake you, if you listen to the voice of **Yahuah** your Eternal...

But they did not listen to His voice.
They did not obey His Words and His Ways.

The terrible consequence is not Yahuah's fault. He warned them not to, and yet, they chose disobedience and its consequences anyway.

And what is the result of their disobedience and scattering?

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62 "You will be left few in number, instead of being like the stars of the sky in number—because you did not listen to the voice of Yahuah your Eternal. 63 Now just as Yahuah rejoiced over you to do you good and to multiply you, so Yahuah will rejoice over you to ruin and destroy you; and you will be uprooted from the land that you are going in to possess. 64 "Yahuah will scatter you among all peoples from the one end of the earth to the other, and there you will serve other gods—wood and stone—that you and your fathers have not known."

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#### Let's focus on the House of Israel...

Their exile, separation from Yahuah and separation from the understanding of Torah, was to last 390 years. But we are told they did not repent and turn back to Yahuah. What does the Torah tell us about the unrepentant?

# Leviticus 26:18

<sup>8</sup> "If you, in spite of these things, will not listen to Me, then I will chastise you seven times more for your sins."

#### Leviticus 26:21

"if you keep walking contrary to Me and will not listen to Me, then I will multiply the plagues on you seven times like your sins."

#### **Leviticus 26:23-24**

<sup>23</sup> "Now if in spite of these things you will not be chastened by Me, but walk contrary to Me instead, <sup>24</sup> then I will also walk contrary to you. Then I will strike you, I Myself, seven times for your sins."

#### Leviticus 26:28

27 "Yet if in spite of this you will not listen to Me but walk contrary to Me, 28 then I will walk contrary to you in wrath. So I will chastise you seven times for your sins." 23

If one is unrepentant and does not turn back to Yahuah, then consequences are multiplied by seven.

The House of Israel was to be scattered and exiled, both physically and spiritually, for 390 years. But they did not repent, and in accordance with Torah instruction, their consequence became 2730 years!!

As men and women, we cannot fully understand the idea of 2730 years.

It is just a number. We understand years and decades.

I'm not even sure we understand full lifetimes, until we reach the end of our own.

We do not have the capability to understand 2730 years in our own sliver of existence.

Many of us do not even know the names of our great-grandparents — and that is only 3 generations, maybe 60-80 years ago.



## Do you understand what I am showing you?

## An exile of 2730 years is horrific and beyond comprehension!

And yet, it is spelled out for us in the scriptures.

The House of Israel chose disobedience. The House of Israel chose to not repent.

The House of Israel chose to not turn back to Yahuah.

This physical and spiritual exile began in approximately 720BC when the Assyrians defeated Israel, captured them, and began to scatter them among all the nations of the earth.



If we add 2730 years duration to this time period, we see that the exile ended in 2009/2010 timeframe!!

Yes, we are living at a time of great significance in biblical history/prophecy!

We are alive to witness the House of Israel regain understanding of the Torah and be called back into covenant with Yahuah!!

I have experienced this calling, to return to Yahuah and His Words and His Ways!!

This is fascinating and praise worthy!!

If this is a good thing [and it is] then why would I title this article "A Warning To Torah Community"?

Do you remember how we began this study?

#### **Ecclesiastes 1:9**

<sup>9</sup> That which has been is what will be, That which is done is what will be done, And there is nothing new under the sun.

What example in ancient times do we have in the scriptures where Torah was given to Israel? **The Exodus story.** 

The Torah was given to Israel [and to the strangers among them, the mixed-multitude] on Mt. Sinai. There were over 600,000 Hebrew men, plus the women and children, plus the mixed-multitude who came out of Mitsrayim [Egypt] with them and chose to be part of Israel.



How many adults of these several million people made it to the promise land?

Two.

Exactly two men of this original generation made it into the promise land.

Joshua and Caleb.

That's it.

The nation of Israel made a golden calf and worshipped it almost immediately!! Yahuah wanted to destroy them, but He relented.

And the people continued in disobedience from there, never ending their rebellion and lack of faith.

All throughout the Exodus story, we see the people rebelling against Yahuah.

And He struck them all down, save Joshua and Caleb.



#### **Numbers 14:26-30**

<sup>26</sup> Yahuah then said to Moses and Aaron saying, <sup>27</sup> "How long will this wicked community be grumbling against Me? I have heard the complaints of Bnei-Yisrael grumbling against Me. <sup>28</sup> So tell them, 'As surely as I live,' says Yahuah, 'I will do to you just as I heard you say in My ears. <sup>29</sup> In this very wilderness your bodies will drop—every one of you 20 years of age and older who was numbered in the census and grumbled against Me. <sup>30</sup> Not one of you will enter the land about which I lifted My hand to make home for you—except Caleb son of Jephunneh and Joshua son of Nun.

Why were Joshua and Caleb allowed to enter the promise land?



#### Numbers 32:11-13

<sup>11</sup> 'The men who came out of Egypt, from 20 years old and upward, will not see the land I promised to Abraham, Isaac and Jacob, for they have not followed after Me with a whole heart— 12 except Caleb son of Jephunneh the Kenizzite and Joshua son of Nun, for they were wholehearted after Yahuah.' 13 The anger of Yahuah burned against Israel and He caused them to wander in the wilderness 40 years until all the generation doing that evil in Yahuah's sight was gone. **Joshua and Caleb followed Yahuah** wholly and completely. They were included in the promise because they followed Him wholeheartedly.

#### This is the standard that is set for us:

We are to follow Yahuah wholeheartedly. Completely. Not a little.

Not when it is convenient.

Not when we feel like it.

We are to have complete faith and follow Him all the time, in everything that we do, say, and think.

We are to follow completely.

Lest we fall in the wilderness.



#### **Deuteronomy 13:1**

"Whatever I command you, you must take care to do—you are not to add to it or take away from it."

#### **Deuteronomy 13:4-5**

"...for Yahuah your Eternal is testing you, to find out whether you love Yahuah your Eternal with all your heart and with all your soul. <sup>5</sup> Yahuah your Eternal you will follow and Him you will revere. His instructions you will keep, to His voice you will listen, Him you will serve and to Him you will cling."



#### We are a new generation.

We are the first generation following the 2730 year curse and exile, to be given the Torah, and understanding of the Torah.

#### And this is the warning I have for Torah community:

Will we cling to Yahuah?
Will we add to His Word?
Will we take away from His Word?
Will we walk His path, not turning to the right or to the left?



#### **Deuteronomy 5:29-30**

29 "So you must take care to do as Yahuah your Eternal has instructed you—do not turn aside to the right or to the left. 30 You are to walk in all the way that Yahuah your Eternal has instructed you, so that you may live and it may be well with you..."

The Torah was given to Israel at Mt Sinai.
They were given this charge:

#### **Deuteronomy 30:19-20**

<sup>19</sup> "I call the heavens and the earth to witness about you today, that I have set before you life and death, the blessing and the curse. Therefore choose life so that you and your descendants may live, <sup>20</sup>by loving **Yahuah** your Eternal, listening to His voice, and clinging to Him. For He is your life and the length of your days, that you may dwell on the land that **Yahuah** swore to your fathers—to Abraham, to Isaac and to Jacob—to give them.

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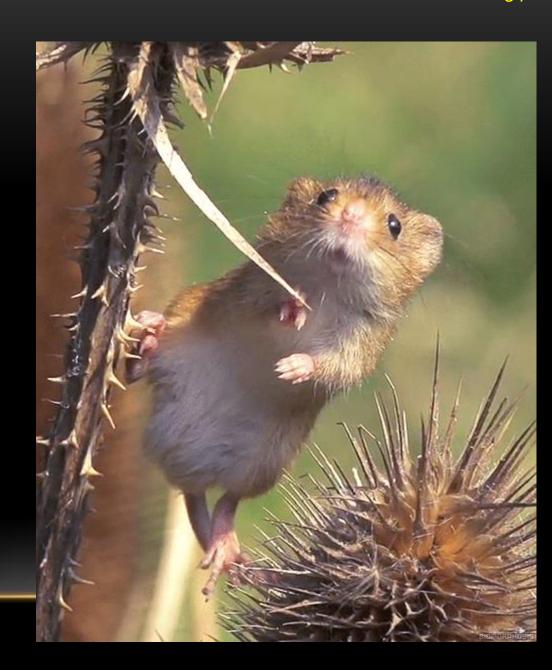
Yahuah is asking for our complete and total faith and obedience. It brings life and blessing, while disobedience brings death and curse.

Why is this important?

It isn't just so that we can enter our promise land (kingdom of heaven), but so that our descendants might live. Our children.

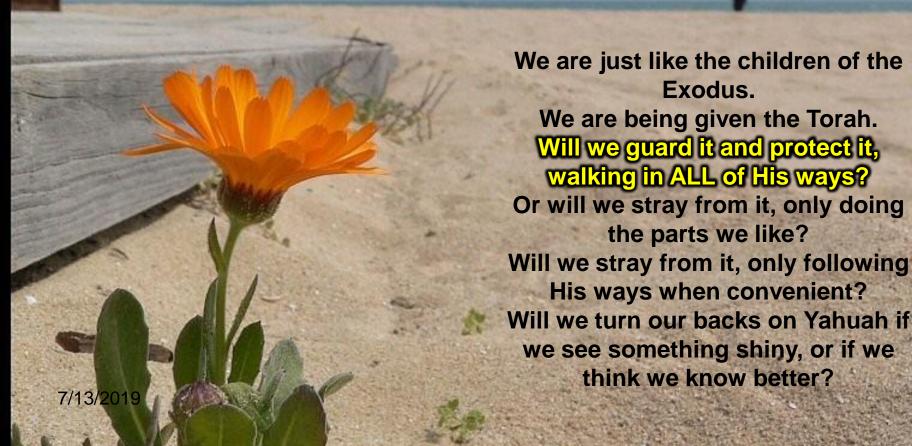
Remember Hosea...

Since you forgot the Torah of your Eternal, just so I will forget your children.
We must follow Yahuah completely!!



#### **Deuteronomy 12:28**

Take care and listen to **ALL THESE WORDS** that I am instructing you, so that it may go well with **you and your children** after you forever, when you do what is good and right in the eyes of **Yahuah** your Eternal.



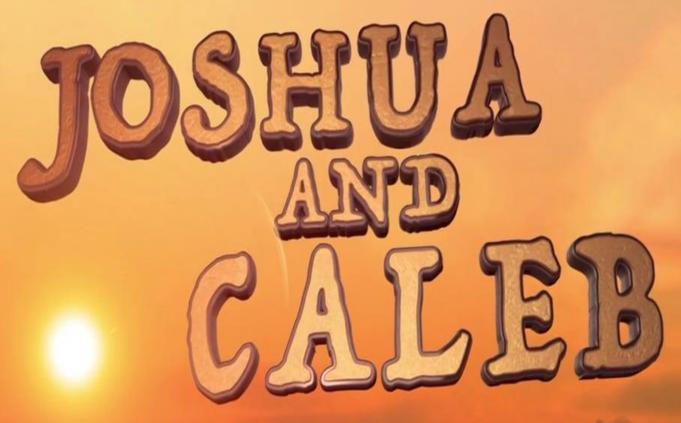
We are told that there is nothing new under the sun. As it was in ancient days, so it will be again. We see this concept played out in scripture time and time again. We are now the generation living during a monumental time spoken of in scripture. Will we repeat history, just as Ecclesiastes says? We are being given an opportunity like no other!! We live in THE VERY GENERATION when Yahuah is giving His Torah back to the people!! Just as we saw in Isaiah 2 and Micah 4!! Will we embrace it and follow Him completely, wholeheartedly? Or will we follow in the path of the Exodus generation and fail? Will we all drop in the wilderness, not seeing our promise land (the kingdom of heaven)?



I urge all of you, myself included, to be like Joshua and Caleb.

Take all of the Words of Yahuah to heart.

Take them seriously.



Do not mix in the traditions and thoughts of Judaism.

Do not add the traditions and thoughts from mainstream Christianity.

Follow Him.

Cling to Him.

Do not be lukewarm and fall in the wilderness.

see do not error as described in **Isaiah 30:1**"Oh, the rebellious children"
—it is a declaration of Yahuah—
"Who carry out a plan, but not Mine, and make an alliance, but not of My *Ruach*, so they may add sin to sin..."

#### And remember...

The Exodus generation who fell in the wilderness was a **Torah Observant community.** 

And please keep in mind how much Yahuah and Yahusha hated the traditions of men.

If your Torah walk includes the traditions of Judaism that are not given in scripture, repent and separate from it.

If your Torah walk includes having one foot in the truth and one foot in lawless Christianity, repent of it and separate from it!!

Our task before us is that we want to go through chronologically and find all the instructions and advice Yahuah has given us. We have created Word Docs for each of the instruction Category that we will put up on our website when we complete this study so that if you want to look at an instruction, you will have all the verses we found regarding it. Those will be up on our website under the Covenant tab.

Let's get started.

The Covenant Instructions – The General, If you do what He says,

He will always do what He says!

The tricky thing about going chronological is that we get hints of an instruction way before it was written down in Exodus. This will be a great eye opener as we go through Genesis. They knew of these things from somewhere. Adam and Hawah must have taught their children and now that the 365 books of Enoch are lost, we do not have an accurate picture of the first mention of these things.

We have chosen to deal with this by acknowledging the first mention of a subject but will not address it fully until the actual instruction is given. We want to recreate the feeling of starting from scratch. It seems to us that Yahuah watched mankind and as we progressed kept note of the things which caused us to stumble the most. It was then at Sinai that Yahuah was able to set in stone the things for us to guard against and remember that would keep us on the path. But we will see that the moral code was already in practice as well as some ceremonial things. How could it be otherwise? Everyone has had the information they needed to come to love and choose Yahuah, if He has chosen them. There are some things that prevent Him from choosing certain creations, so let us keep that in mind, even if we do not fully understand it.



Gen 1:26 And Eternal said, "Let Us make man in Our image, according to Our likeness, and let them rule over the fish of the sea, and over the birds of the heavens, and over the livestock, and over all the earth and over all the creeping creatures that creep on the earth."

Gen 1:28b ....the earth and subdue it and rule over the fish of the sea, and over the birds of the heavens, and over all creatures moving on the earth."

### רדה

With a radical, but mutable or omissible, 77.
This root is, both in sound and sense, nearly related to 77, which see.

I. In Kal, intransitively, to descend, come or go down. Jud. xiv. 9, And he did not tell them that the honey are came down or forth from the carcase of the lion. Comp. Lam. i. 9. Jer. v. 31, and marg. Eng. translat. to descend, decline as the day. Jud. xix. 11. So one of the Greek versions in the Hexapla rexlixua having declined. In a Hiph. sense, to bring down, cause to descend. occ. Jud. xiv. 9. Comp. 77.

II. In Kal, transitively, to subdue, bring under subjection. Isa. xiv. 6. xli. 2. In Kal and Hiph. intransitively, to obtain rule, have dominion. Gen. xxvii. 40. As a participial N.

and subdue it	PHRASE	н3533	בְּבַשׁ kabash
and have dominion	PHRASE	н7287	רְדָה radah

I. In Kal, to subdue, subject. Gen. i. 28. 2 Sam. viii. 11. 2 Chron. xxviii. 10, & al. In Gen. i. 28, the Samaritan Pentateuch and seventeen of Dr Kennicott's codices read הבבשרה In Niph. to be subdued, subjected. Num. xxxii. 22. Neh. v. 5, & al. In Hiph. to bring into subjection. Jer. xxxiv. 11.

II. In Kal, to humble, force, ravish. occ. Esth. vii. 8.

III. As a N. wid q. d. subjectum pedum, a footstool. So Vulg. scabellum. occ. 2 Chron. ix. 18.

IV. As a N. בבשן a furnace, properly, I apprehend, a lime-hiln, wherein stones are subdued by the force of fire to a yielding friable substance. occ. Gen. xix. 28. Exod. ix. 8, 10. xix. 18.

V. As a N. שב, fem. הבשה, plur. במשם and מבשם or (as a number of Dr Kennicott's codices read in Gen. xxi.) בשחה a lamb, male and female, from their remarkably meek and submissive temper. See Exod. xxix. 38, 39. 2 Sam. xii. 3, 4, 6. Gen. xxi. 28—30. Jer. xi. 19; on which last cited text, see under אלף III.

Gen 1:26 And Eternal said, "Let Us make man in Our image, according to Our likeness, and let them rule over the fish of the sea, and over the birds of the heavens, and over the livestock, and over all the earth and over all the creeping creatures that creep on the earth."

Gen 1:28b ....the earth and subdue it and rule over the fish of the sea, and over the birds of the heavens, and over all creatures moving on the earth."

## "Servants, not Lords"



To subdue and rule means to take great care and serve. Not a taskmaster.

"You know that the rulers of the Gentiles lorded over them, and their high officials exercise authority over them. Not so with you. Whoever wants to be great among you must be your servant"

(Mt 20: 25-27).



Gen 1:28a **And Eternal** blessed them, and Eternal said to them, "Bear fruit and increase, and replenish/fill the earth.







#### What is in GMO foods?

#### It is not food per Torah for us to eat.

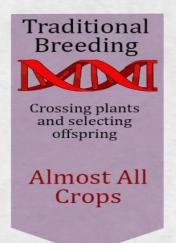
Genetic modification alters the DNA of certain species of animals and plants to increase production and to enhance some of the particularities that are favored by the food industry. This practice increases crop production at the expense of product quality and health insurance.

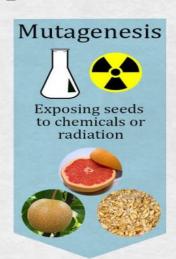
Foreign genes created through genetic modification act as new agents for the human body. More than often, our immune system does not know how to react to them, which is why we develop blemishes and spots when consuming GMO foods.

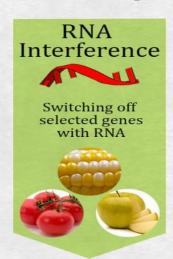
What may be even more important, yet completely overlooked or ignored, is that GMO food seeds will have to continually be purchased. No more taking seeds from the crops yields. That's because GMO food seeds are designed not to reproduce. Farmers are forced to buy seeds injected with poisons. Two problems arise from this.

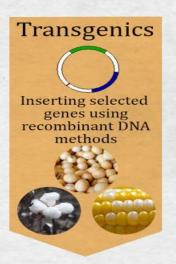
- 1) Mother Nature's ecological system that naturally reproduces the seeds to bear more fruit and veggies is being destroyed.
- Our food supply will become dependent on a corporation because they hold the patent to these genetically altered seeds.

## How Crops Are Genetically Modified



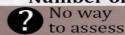






#### **Number of Genes Affected**

10K - >300K



1-2

1 - 4

Desired gene(s) inserted with other genetic material. No safety testing requirements. Random changes in genome, usually unpredictable. No safety testing requirements. Targeted gene(s) switched off or 'silenced'. Safety testing required. Desired gene(s) inserted only at known locations. Safety testing required.



Sources: Biotechnology Provides New Tools for Plant Breeding, University of California Davis Publication 8043; Plant Breeding: Induced Mutation Technology for Crop Improvement, F.J. Novak, H. Brunner, International Atomic Energy Agency, 1992; Atomic Gardens: Public Perceptions and Public Policy, B. Dick, M. Jones, Life Sciences Foundation Magazine; RNAi for Crop Improvement, International Service for the Acquisition of Agri-Biotech Applications Pocket K No. 34. Infographic by XiaoZhi Lim

## New developments in GMOs and glyphosate

New genetically engineered crops are beginning to come onto the market – including farmed salmon in Canada, as well as apples, potatoes, Hawaiian papaya, zucchini, and yellow summer squash in the United States.

It's also important to know that glyphosate is now being <u>used</u> as a desiccant. This herbicide is *being* sprayed on crops that are not genetically engineered in order to dry them out before harvest.

These crops include:

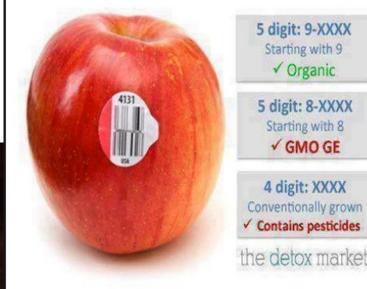
- Wheat
- Barley
- Oats
- Many legume
- · Sunflower seeds
- And potatoes

This means food could be "non-GMO" and still sprayed with glyphosate.

Yahuah knew in Genesis what we would do to food and warned us against it.

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## WHAT DOES THIS CODE MEAN?



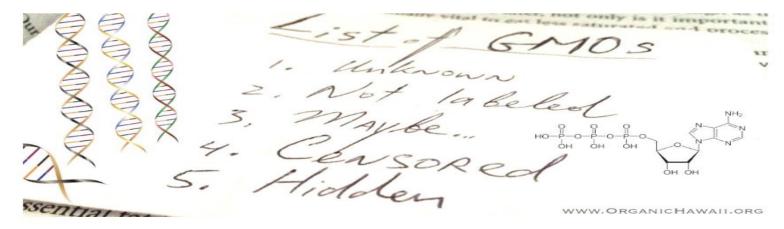
Mike Adams contends that "The more you eat of this [GMO food] the less human you become...you might become a person who is coded to produce insecticide in your body." Adams refers to a 2011 study from the *Cell Research Medical Journal* [Exogenous plant MiR168a] that shows it's possible for the RNA from GMO foods to disrupt cell function, which could potentially lead to organ damage, cancer, and possibly gut bacteria producing insecticide in the body.

Yahuah knew in Genesis what we would do to food and warned us against it. The more we eat of it, the more we are not made in His image.

# GMO FOOD (UPDATED) LIST OF GENETICALLY ENGINEERED FOOD

Posted on January 30, 2017 by Organic Herbalist

Comment



GMO food remains unlabeled in the US despite consumers wanting to know (and having the right to know) what they are eating and drinking. Some US companies started voluntarily disclosing that their food products are made using genetic engineering, yet they don't specify exactly which ingredients are GMO. Supposedly, if a product code on produce (PLU) begins with the number 8, then it's genetically modified.

With the introduction of CRISPR technology we have entered a time when practically any living organism can be genetically modified. The list of *processed* food products which use these GMO food ingredients is very, very long. For now, however, the list of approved genetically engineered whole food is relatively short.

This won't last long, as new GMO food varieties are approved every year. So, it's not too late to start avoiding GMO food and products by switching to non-gmo, organic, wholesome food, since most GMO food is found in processed food (and drinks) that are not certified organic or non-gmo.

## List of **GMO Food**

As of May, 2017. Listed by the number of GMO varieties approved and deregulated in the US. All GMO food in this list are approved to be grown and sold in the US. Other countries may have different approval status. GMO food and their derivatives are mostly found in processed mainstream food, drinks, and animal feed. (Sources: USDA, FDA, ISAAA)

Corn Soybean Rapeseed/Canola Potato

Papaya
Zucchini/Squash since 1995
Beets/Sugar Beets
Alfalfa

Flax
Apple (Arctic)
Plums
Farm raised Salmon

big GMO food on the market. Genetically modified potatoes are engineered to withstand bruising, viruses, fungi, bugs, and expected to exhibit low levels of acrylomide. J.R. Simplot's new generation of GM potatoes is expected to be more marketable. In the Summer of 2014 about 400 acres worth of Simplot GMO potatoes sold at Midwest and Southeast grocery stores. The company aims to significantly increase it's output of genetically engineered potatoes in 2017. GE potatoes will be marketed to grocery stores and restaurants due to their longer shelf life and "prettier" appearance, since the don't bruise. Potatoes, just like tomatoes are part of the Nightshade family. People who follow AIP (Autoimmune Protocol diet) tend to avoid members of the Nightshades.

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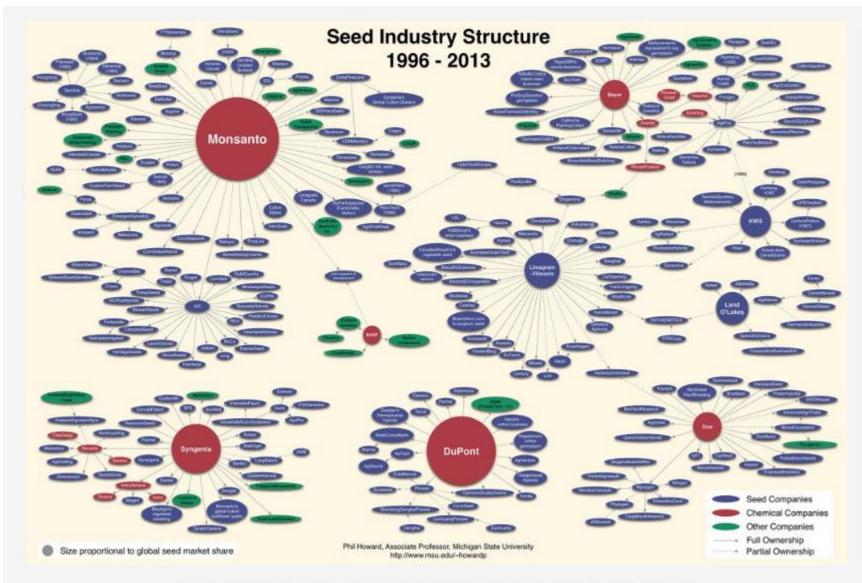
#### **Cloned Meat**

In 2008, the US Food and Drug Administration (FDA) approved Cloned Meat and it's derivatives, such as milk for human consumption. The FDA concluded that '(cloned) food from cattle, swine and goat clones is as safe to eat as food from any other cattle, swine or goat.' For the purposes of this list, cloned meat is considered a Genetically Engineered product, since it requires precise, lab controlled replication and propagation of host DNA, and does not occur in nature.

### Yeast, Enzymes and Hormones

GMO Yeast is used in non-organic winemaking. Enzymes isolated from GMO fed animals are used in non-organic cheese making. You can expect GMO yeast and enzymes to be used in other areas of food and supplement production. Many mainstream brand vitamins and supplements rely on genetic engineering. In Japan genetically modified yeast used in the production of a popular supplement Tryptophan was behind the deaths of several dozen people in 1989 shedding light and raising questions about the safety of genetic engineering. Synthetic sugar substitutes such as Aspartame are made using genetically modified bacteria. rBGH and rBHT are genetically engineered artificial hormones injected into dairy cows in the US to produce more milk.

### Pineapple 2016- Del Monte – Pink



Global seed industry is mostly owned by a few giant chemical companies

#### Cotton

Around 90% of all cotton grown in the US is GMO cotton. This means that it's highly likely that your cotton clothing, personal hygiene items, towels, bedding, etc. are made from genetically modified cotton, unless it says non-gmo or organic cotton on the label.

### Tobacco Humans

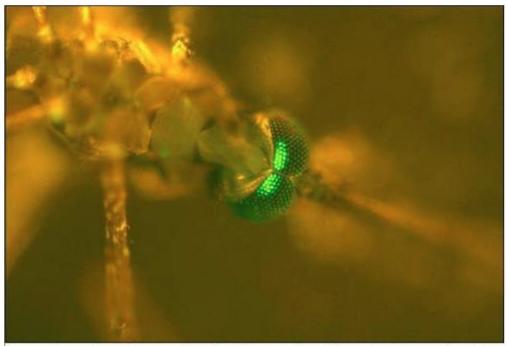
Sounds unbelievable, but England became the first country to legalize three-parent GMO human babies in 2016. Early in 2017, the first peer-reviewed study was published on **Chimera – a human pig hybrid** created by Salk Institute for Biological Studies in La Jolla, California. Mostly pig, but having human genes Chimera was the first step toward growing human organs inside of pigs.

Golf Greens 2017
Trees and Flowers – Roses , Eucalyptus (Brazil) Poplar (China)
Sugar Cane – Indonesia
Tomato 1992
Rice – patent belongs to Bayer
Wheat- Colombia and New Zealand US-2016
Chicory/Radicchio - 1997

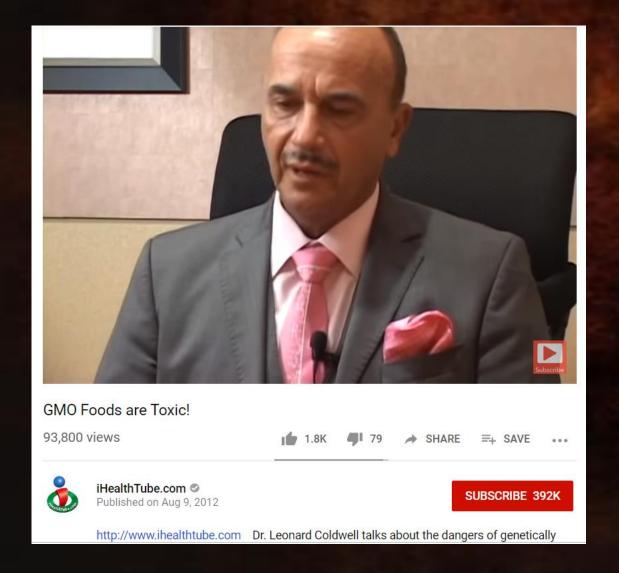
# Melons- Cantaloupe – 2004 approved for consumption not grown yet in US. Bananas- next on the list to go GMO – keep a look out

## Mosquitoes

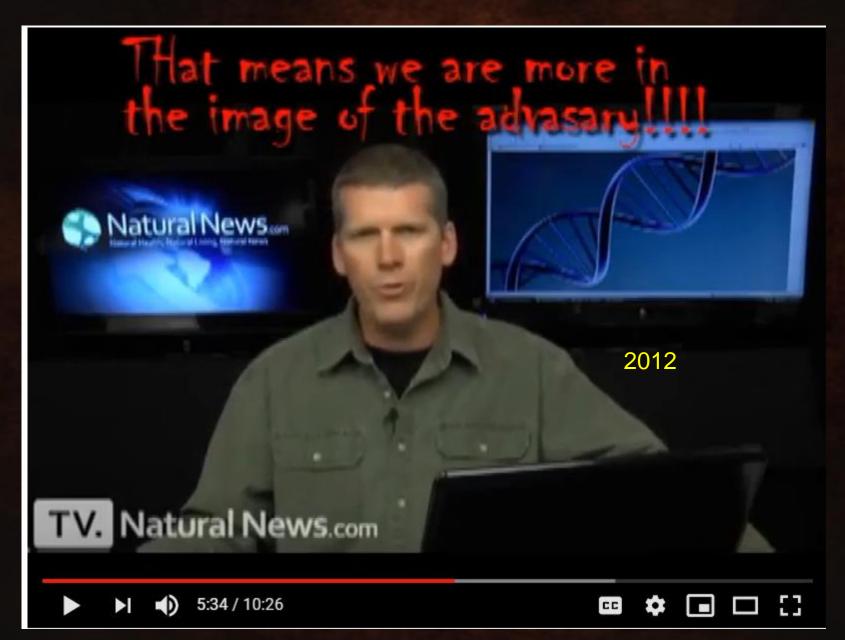
Another controversial GMO animal – the GMO Mosquito created by Oxitec of England was approved by the FDA in August of 2016 to be released in Florida. The genetically engineered mosquito is supposed to wipe out non-gmo mosquitos by making them sterile. Thousands Oxitec mosquitoes were released in the Florida Keyes in 2016. The GMO mosquito is supposed to be identified by it's green glowing eyes. Seriously.



A transgenic mosquito carrying a gene that confers resistance to the malaria parasite. These mosquitoes had another gene inserted into them to make their eyes fluoresce, to distinguish them from the ordinary strain. (Image: PNAS)



https://www.youtube.com/ watch?v=s2HanolQIDM&a pp=desktop





- Have dominion over fish, birds, livestock and things that creep. Take good care of them. Gen 1:26 1:28 B
- Replenish or fill the earth with people. Gen 1:28A





 Eat from the plants and trees that have the seeds in them that you can use to make new plants year after year. Eliminate GMO's that change our DNA from what He originally put in us. Gen 1:29



## This is the list of instructions that we have noticed in our study.

- 1. We should love הוה יour Eternal with all our heart, and with all our being, and with all our might.
- 2. The Torah should be on our heart filtering our thoughts and deeds.
  - 3. Teach the Torah to our children
  - 4. Think about the instructions all the time
    - 5. Read the Torah out loud
    - 6. Write them on our property.
      - 7. Serve Yahuah
      - 8. Guard the Instructions
    - 9. Love our neighbors as ourselves
      - 10. Guard our tongues
  - 11. We will be satisfied with what Yahuah provides
    - 12. Circumcise our hearts
      13. Cling to Him
    - 14. Swear by His name/authority
  - 15. We will notice and appreciate all Yahuah does for us with immense gratitude.
    - 16. We will not bear false witness- slander anyone.

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## This is the list of instructions that we have noticed in our study.

the Water Service

- 17. Our words will be sincere and honest.18. Be slow to anger
- 19. We will stop complaining about our circumstances and ask Yah to show us what we need to learn from them.
  - 20. We will stop grumbling against others on the path to Yahuah
  - 21. We understand the importance and seriousness of making a Covenant with Yahuah.
    - 22. The Marriage Covenant should be highly valued and the roles of the husband and wife should be thoroughly understood.
      - 23. We will be on guard in our relationships.
    - 24. We are responsible for the birds, fish, creeping creatures, livestock.
      - 25. We are responsible for maintaining the earths population.
    - 26. We should be eating only from plants that have reproductive seeds.

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### Our Statement of Trust in Yahuah

- 1. He alone is the sole creator of the universe and beyond and all that is in it.
- 2. We will base our decisions upon Yahuah's code of wisdom and will consult Him in all our decisions.
- We accept and are blessed that Yahuah will continually disturb our peace to test us and keep us on the path.
- 4. We will learn to love ourselves so we can completely love and appreciate Yahuah.
- 5. We will love our neighbors.
- 6. We will appreciate what Yahuah has provided and know it is enough and perfect for us.
- 7. We will guard our mouths against slander.
- 8. We will not flatter out of insincerity.
- 9. We will be slow to anger and not hold on to grudges.

### Our Statement of Trust in Yahuah

10. We will trust Yahuah and not complain when He brings into our lives challenging circumstances but will ask for guidance from Him.

11. We will trust that Yahuah is looking after His sheep better than we can, so we do not have to feel compelled to correct or grumble against a Covenant Family Member. If they need our help, Yahuah will lead them to us to ask for it.

12. We agree to trust in Yahuah's Covenant plan and will learn all we can about them so we can stay on His path.

13, We agree when we enter into a Marriage Covenant that we do not rush into it and seek to understand and trust the pattern that Yahuah has set inside it. A pattern of how to treat each other and Him.

### Our Statement of Trust in Yahuah

14. We will trust Yahuah when He asks us to take our rightful positions, to be able to function as He has planned from the beginning.

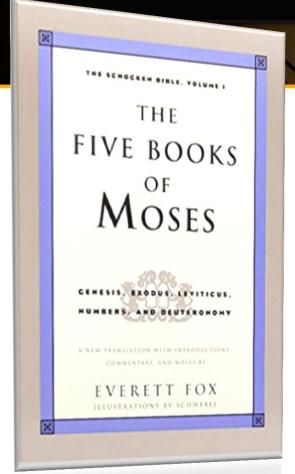
15. We will be on guard to not eat food that will change our DNA or that does not have His original DNA coding in them. These are Genetically Modified plants and animals.

## **Confirmed Observations**

✓ Life and time is cyclical

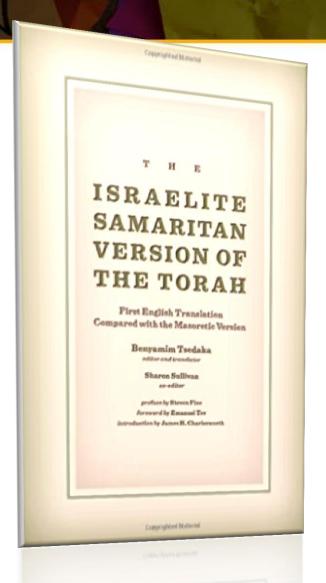
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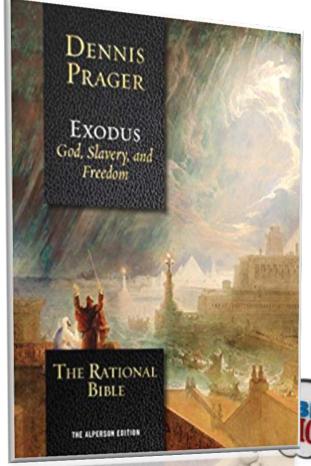
## Resources





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